

Infant Massage



Infant massage is incredibly beneficial to both baby and carer as it encourages bonding, body awareness, promotes relaxation, sleep, and so much more!

August Session

Drop-in available!

When:

Thursdays, 9:30 to 11:30 am

- August 14, 21, 28

Where:

North Glenora Community
League

13535 109A Avenue, NW

**Best suited for: parents/caregivers & Infants from 1 – 12 months *Please scan the QR code to read when Infant massage is not recommended*

Secure your spot by registering **here** or scanning this QR code.

