# NORTH GLENORA COMMUNITY LEAGUE NEWS

MAY/JUNE 2024



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## **2024–25** Board Members 3



### NORTH GLENORA YMCA SUMMER CAMPS

Register online at <u>www.ymcanab.ca/camps</u>, in person at any local YMCA, or by calling 780.481.9622.





Creating a welcoming and inclusive space for everyone so that they feel like they belong and are valued.

North Glenora News is published 6 times annually. Advertising rate cards are available upon request at <u>news@northglenora.org</u>.

#### Become a member

Communities are stronger together. Help us develop a richer community by becoming a member.

Contact member@northglenora.org

#### Prefer your newsletter in PDF format?

The NGCL Newsletter is available as a downloadable PDF at https://northglenora.org/news/.

Happy reading!

#### Land Acknowledgment

North Glenora is located on Treaty 6 territory – the ancestral lands of the Cree, Saulteax, Blackfoot, Metis, Dene, Nakota Sioux, Inuit, and other Indigenous peoples. We respectfully acknowledge the relationships established by this Treaty and are committed to honouring its principles. We humbly accept our responsibility as stewards of this land.

Together we will foster a community that understands our past, creates a sense of belonging, and strengthens supportive relationships with each other and the land.

#### **LEGAL INFORMATION**

The North Glenora News is published by the North Glenora Community League (NGCL) and does not endorse the content presented in any article or advertiser. NGCL board members and any others associated with the publication of the North Glenora News cannot be held responsible for the effects of any of the information published. All content is reviewed for accuracy prior to publication, but those involved cannot be held responsible for errors or omissions.





### HELLO, NORTH GLENORA NEIGHBOURS! MY NAME IS HALEY MIKULA AND I AM THRILLED TO BE THE NEW PRESIDENT OF THE NORTH GLENORA COMMUNITY LEAGUE.

My husband and I moved to North Glenora 9 years ago as newlyweds. Back then, we got a warm welcome from neighbours and enjoyed attending events in the community with our new friends.

As our family grew, so did our relationship with this beautiful, caring community. I will never forget the kindness of our neighbours shoveling our sidewalk during the bitterly cold winter in 2019 when we were adjusting to life with a newborn. Or the way North Glenora community members created moments of joy in the midst of isolation, like the dinos and ducks on 107a Avenue that delighted our toddler during the first summer of the pandemic.

Since then we have had a second child, welcomed new neighbours, made new friends, and attended countless community league events. We are so grateful to call North Glenora home and I look forward to contributing to this incredible community as President of the League.

I want to extend a sincere thank you to all our volunteers for everything they do to make North Glenora the vibrant, thriving community we call home. And a special thanks to outgoing board members Mamatha Swamy, Shree Subramanian, Bernadette Chevalier, Sandy Stift, Erin Olefeldt, Marina Koffi and past president Chris Hyde for your service to our community.

Your new board is composed of new Directors elected at our AGM on March 19th, members appointed to roles at our most recent board meeting on April 9th, and several returning Directors. This team of dedicated volunteers is enthusiastic and full of ideas, and I am excited to introduce them to you. Check out our July/August issue for bios of all of our amazing board members.

With summer around the corner, I am looking forward to early mornings in my garden, enjoying our green space and playground with my family, and connecting with my North Glenora neighbours. Follow our social media channels this summer to stay updated on events in our neighbourhood – I hope to meet you at one of them!

### Wishing you a safe and special summer!

Haley Mikula President, North Glenora Community League president@northglenora.org

# OUR 2024-25 BOARD MEMBERS



### We welcome our 2024–25 NGCL Board of Directors!

President
Vice President
Secretary
Treasurer
Grants
Activities & Programs Director
Communications
Fundraising Coordinator
Membership
Planning & Transportation
Safety
Sustainability Directo
Past President

Haley Mikula Kasia Da vidson Chet Domansky David Campbell Karen Edwards VACANT Heather Markham Katherine Woodford Melissa Campbell Ivy Koenig Lionel Pereira Alex Mather Chris Hyde

# ART ROCKS! NORTH GLENORA PLAYSCHOOL IS BUILDING A "ROCK SNAKE" THAT WILL

BE DISPLAYED NEAR THE COMMUNITY HALL THIS SUMMER.

We are seeking donations of large rocks (cantaloupe size) and acrylic craft paints to help us create this outdoor art piece. To donate, please contact **Haley** at president@ northglenora.org.

# **BIKE MONTH** CHALLENGE!

HELP NORTH GLENORA COMPETE IN THE EDMONTON-WIDE COMMUNITY LEAGUE BIKE MONTH CHALLENGE! **JUNE 1–30, 2024**!



The Community League Bike Month Challenge is a verified hit. The intra-League challenge runs between June 1 and June 30. The premise is simple: whichever League's members ride the farthest wins! In 2023, 25 Leagues saw their members pedal their rides more than 135,000 kilometres. Leagues across the city have adopted the challenge as a fun way to compete with other Leagues and promote active transportation and recreation in their neighbourhoods.

Contact our very own **Bike Mayor**, **Reese**, for more information at *bike@northglenora.org* 

# LOOKING FOR A REAL ESTATE AGENT?

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**Max**Well

# NORTH GLENORA BITS & BOBS



# COMMUNITY PUB NIGHT

# Join the **Bar Babes** for another exciting evening on **Friday**, **May 10th**!

Join the Bar Babes on Friday, May 10 from 8pm – 11pm as we continue the fun! The days are longer, and the nights are too! Its never too late to meet new neighbours in our incredible community. Enjoy a selection of cold beer, cider, chilled wine and non-alcohol beverages. Please bring a snack to share with fellow friends.

Save the Date! Mark you calendar for our final Pub night on June 14th as we wrap up for another season.

Please note: Our license states that all our Pub Nights are for North Glenora residents and their many invited guests.

### **NEIGHBOURHOOD CLEANUP**

Kudos to our neighbourhood kids for community clean up on Sunday, April 14!









# **HARVEST SHARE**



The North Glenora **HarvestShare** program is entering its 5th year! When planting your gardens this season, plant to share! Excess garden goods will be collected outside the Hall beginning in July (stay tuned for the date) and distributed around the neighbourhood to those who have little to no yard space.

If you are someone or know someone who could benefit from receiving fresh veggies this summer, please contact *sustainability@northglenora.org*.

## THE NORTH GLENORA COMMUNITY GARDEN!

Phase one of the community garden is complete and we are excited to have our first gardeners get started in their plots!



There are still 3 raised beds available for rent this coming growing season. The cost is \$30/year.

Please contact *sustainability@northglenora.org* to rent a bed or to help garden in our shared in-ground beds!

RE-THINK REALESTA Love Where you Liv "

### 5 HOT TIPS IF YOU ARE THINKING OF SELLING YOUR HOME



Don't over upgrade, instead focus on the quick fixes!



Ducts cleaned and fresh vents



Start that spring clean, a clean home presents well and may attract a higher value

Consider the time of year - Spring trends typically towards more active buyers and higher values

Call your trusted realtor for a complimentary home evaluation!



Leanne Cunningham

REAL ESTATE AGENT 780.263.2772 WWW.LEANNECUNNINGHAM.CA



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# BB SEASON

### THIS SUMMER FILL YOUR GRILL WITH ALBERTA MEAT

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Our Master Butchers only sell the finest fresh Alberta Beef, Pork, Chicken, Turkey, and Bison.



Scan here to find out more or visit FRESON.COM

## **NORTH GLENORA BITS & BOBS**

### MARK YOUR CALENDAR REUSE FAIR, PLANT EXCHANGE!

### May 11th, 2024, 10 am-3 pm, NGCL Hall

Plan to attend and pick up some **FREE** previously loved items, or bring some of your own to give away! We're also having a plant and garden exchange, so come prepared to make some fun plant exchanges and pick up some unloved garden tools!

A Reuse Fair is an innovative way to encourage and enable the reuse of household items before they are re-cycled or thrown into the garbage. We do not accept items that can be resold at charity shops such as clothing and furniture. Only items listed will be accepted. Start saving for the exchange now!

Want to Volunteer? Please contact Margaret at moutard@shaw.ca or 780.451.0808

Arts & Crafts Supplies Baskets (green berry & wicker only) Beads Bingo dabbers (full only) Bows Cellophane Chalk Clay (modeling, pottery & play-doh) Cookie cutters Corks Craft kits Cravons (pencil & wax) Feathers Floral arranging supplies (holders, picks, etc) Flowers (artificial only) Foam core Glitter Glue (white, sticks & craft) Googly eyes Magnets Moulds Packing peanuts Paint (acrylic, craft & watercolour only) Paint brushes (arts & crafts only) Pastels Pipe cleaners Pom-poms Ribbon (fabric, gift & raffia) Rubber stamps & ink pads Scissors Seashells Sponges Stencils Stickers String Styrofoam (balls, cubes &

sheets only) Wax Office and School Supplies

Clipboards Duotangs Dividers Hole Punches Notebooks Staplers/staples

Writing supplies Metal Aluminum pie plates & tart shells Frozen juice lids

Keys Pull tabs (from beer or pop cans) Small hardware (brackets, nails, screws, etc) Tins (Altoid, coffee, cookie & cylinder, with lids) Sewing/Knitting Supplies

#### Supplies for crochet, cross-

suppres the function, torses stitch, embroidery, knitting, macramé, needlepoint, quilting, sewing & rug hooking Burlap Fabric (minimum 0.25 meters) Leather (usable pieces only) Neck ties Needles (crochet, knitting, sewing, etc) Patterns Wool

#### Paper Products Bookmarks

Bookmarks Boxes (gift, packing & shoe only) Calendars (with pictures only)

Cardboard tubes (paper towel & wrapping paper) Envelopes (regular & oversized. new only) Gift bags Greeting cards (new & used) Maps Paper (all types, usable only) Poster board Postcards Postage stamps Posters Stationerv Tissue paper Wrapping paper Plastic Bread bag tags Bubble wrap Film canisters (with lids) Ice cream pails (4L, with lids) Laundry soap scoops Margarine containers (with lids, 1 & 2 lb only) Milk jug lids Yogurt containers (with lids, 750 gram only) Additional Items Bags (cloth, paper, plastic & Ziploc) Bells Board games Cameras, Film, and other photographic equipment materials Candles & candle holders Egg cartons Hangers (wire only, please bundle) Jars (baby food & canning

only, with lids) Jewelry (incl. broken) Key chains Lapel pins Magazines (craft, National Geographic, nature, fitness, etc; no catalogues or free publications) Marbles Medals Party decorations & supplies Picture frames (with or without glass) Plant pots (ceramic & clay only) Playing cards Prize ribbons Promotional buttons Puzzles (incl. incomplete) Records 45's or LPs or 78's Seasonal decorations (Valentine's Day, Easter, Canada Day, Halloween. Christmas, etc) Shelf liner Storage bins Tennis & golf balls Trophies Vases Watches (incl. broken) Gardening Supplies Plants, annual/ perennial NO clothing/furniture or items that could be taken

items that could be taken to Charity shops. NO binders. NO non-working electronics.

Contact Our Constituency Office Call / Tél : 780-442-1888 E-mail / Courriel : randy.boissonnault@parl.gc.c

### **Randy Boissonnault**

@R.Boissonnault 🌒 @R\_Boissonnault 🔘 @R\_Boissonnault

Member of Parliament / Député Edmonton Centre / Edmonton-Centre

### Need Assistance? We're Here To Help!

#### Navigating Federal Departments and Programs

Our office can assist you with Citizenship and Immigration, Canada Pension Plan, and various other federal departments and programs.

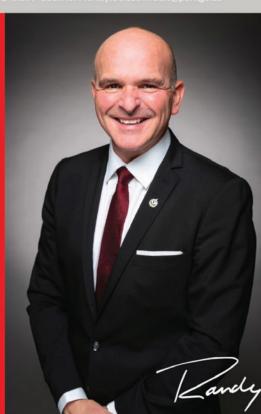
#### **Congratulatory Messages**

Our office can arrange for birthday and anniversary messages to be sent from the MP, Prime Minister, Governor General and the Queen.

#### **Additional Services**

We can provide schools and students with literature on Canada and Parliament, copies of bills, amendments, Hansard or other House of Commons publications.







### **NORTH GLENORA BITS & BOBS**

### SAVE THE DATE SPRING SUSTAINABILITY FAIR

### Saturday, June 8 from 1pm – 5pm Free fun for everyone!

### Featuring

Thirsty Riders – Bike Repair Station, with North Glenora's Bike Mayor – for bike games and fun as well as cycling safety and commuting information. Clothing Repair Clinic and Clothing Exchange – in the Hall. Rain Garden Tours and Alternative Landscaping information – with the Alberta Low Impact Development Partnership. Plus display tables from a number of amazing environmental organizations including: Edmonton and Area Land Trust, Edmonton Tool Library and the CoE Change for Climate team.

### **Refreshments! Crafts for Kids!**

Thank you to the City of Edmonton for supporting this event!





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## **NORTH GLENORA BITS & BOBS**

## **NORTH GLENORA LIVING LIBRARY** THURSDAY, MAY 23 AT 7 PM



The North Glenora Community League is excited to be hosting a **Living Library** event. Just like in a regular library, you can check out a book, the difference is your "**book**" is a person.

Seven community members with a variety of life experiences have been invited to be living "books" that fellow community members can connect with in small groups. **Join us on Thursday, May 23 at 7 pm**, at the community hall for amazing and memorable stories.

**Character Before Religion** A Chat with a Muslim

It Can Happen to Anyone A Firsthand Account of Housing Insecurity

Lean Mean Teen Machine The Life of a Modern-Day Teenager

Just a Person One Nonbinary Transgender Person's Journey Through Life

The Original People A Conversation with a Dene Drummer & Storyteller

Well Preserved The Life & Times of a 92 Year Old

**Leveling-Up to Down-and-Out and Back Again** The Life Journey of a Disability, Housing & Poverty Advocate

To attend, please fill out this online form: https://forms.gle/e8JpsmBBPSS19iS26

Or contact Melissa at member@northglenora.org or 780.982.8889



### **PARKING BAN**

**Street Sweeping** is happening in North Glenora the week of **May 20–24. A Parking Ban will be in effect that week**, which means no street parking in the neighbourhood between 7 am and 7 pm Monday to Friday. Avoid a \$250 ticket, have a plan!





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# THE VILLAGE GREEN

# BOULEVARD GARDENS

The City of Edmonton is embracing the practice of gardening on our boulevards and using this space to beautify neighbourhoods.



### How to begin boulevard gardening:

1. Fill out the online form to get your permit: <u>https://www.edmonton.ca/residential\_neighbourhoods/gardens\_lawns\_</u>trees/boulevard-gardening

The form or declaration acts as a permit for simple garden plans and only takes a minute to fill out. There is no fee!

- 2. Make sure you leave space between your garden and any city trees that may be on the boulevard. Here is a link to the tree protection guidelines: <u>https://www.edmonton.ca/residential\_neighbourhoods/</u> gardens\_lawns\_trees/public-tree-permit#stack80991
- 3. Choose the location for your boulevard garden, taking into consideration fixed objects and intersection allowances. Your garden must be at least 1.5 m from fixed objects like fire hydrants and utility boxes. Gardens also need to be set back from intersections. Five metres from the corner of an uncontrolled intersection and 10 m from the corner of a controlled intersection.
- 4. Design your garden! Consider using native perennials as they require little maintenance, are the best food for local pollinators, and are beautiful!

### A note on digging:

You are allowed to dig down 2 inches and add 2 inches of fresh soil or compost for a total of a 4 inch depth in your boulevard garden.

If you want to establish a more elaborate garden on your boulevard you will need a *License of Occupation*. This is still a pretty simple process, but there is an annual fee. Follow the link to find out more information about obtaining one:

https://www.edmonton.ca/sites/default/files/publicfiles/Licence\_of\_Occupation\_Guidelines\_Fee\_Schedule. pdf?cb=1691776597

### Happy Gardening!

North Glenora Sustainability Committee sustainability@northglenora.org

# UPCOMING EVENTS

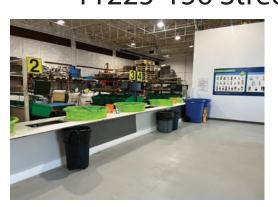
Pub Night May 10, 2024 Reuse Fair May 11, 2024 Living Library May 23, 2024 Spring Fair June 8, 2024

To stay up-to-date on all events go to our events calendar here: https://northglenora.org/news/events-calendar/



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For more info go to: quickstopbottledepot.ca



# NORTH GLENORA COMMUNITY LEAGUE MEMBERSHIP











# **NGCL MEMBERSHIPS**

# Missed your canvasser and want a free community league membership?

Please contact the NGCL Membership Chair, at member@northglenora.org

### **Member Benefits**

- Networking with neighbours
- Online access to community news
- Free skating on outdoor, and some indoor rinks
- Admission discounts at any City of Edmonton sports and fitness facilities
- Ticket discounts to some professional sports games
- Option of playing sports on community league teams
- A voice and a vote on community issues, programs and services
- Borrow free tools from the Edmonton Tool Library
- Access to community social events
- Reduced rental rates for the community league hall
- The sense of belonging to your community
- The opportunity to help strengthen your community

### **Additional Benefits**

Did you know the North Glenora Community League (NGCL) is a member of the Edmonton Federation of Community Leagues (EFCL)?

Along with numerous programs for young and old, your community league membership gains the larger benefits of perks, deals, and discounts from various local businesses and organizations that partner with the EFCL. Memberships are also available through the EFCL website. Visit www.efcl.org for details.

NGCL program offerings are available online at www.northglenora.org.

### Pay it Forward with Donations

Donations can be made by dropping a cheque in the community hall mailbox 13535 109A Avenue or by Etransfer to member@northglenora.org

### **Questions**?

Please contact Melissa at member@northglenora.org.