

NORTH GLENORA

COMMUNITY LEAGUE NEWS



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SOCCER REGISTRATION

Outdoor Soccer Registration for ages 4-19 starts February 1 and closes March 12, 2024. You will need a valid 2023-2024 Community Membership to be eligible for registration.



Register at <https://emsawest.com/play/register/outdoor-registration/>
Funding available for registration fees through kidsport or jumpstart:
<https://jumpstart.canadiantire.ca/pages/individual-child-grants>
<https://kidsportcanada.ca/alberta/edmonton/apply-for-a-grant/>

MORE THAN JUST BOOKS

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NORTH GLENORA COMMUNITY LEAGUE

Creating a welcoming and inclusive space for everyone so that they feel like they belong and are valued.

North Glenora News is published 6 times annually. Advertising rate cards are available upon request at news@northglenora.org.

Become a member

Communities are stronger together. Help us develop a richer community by becoming a member.

Contact SANDY at member@northglenora.org

Prefer your newsletter in PDF format?

The NGCL Newsletter is available as a downloadable PDF at <https://northglenora.org/news/>.

Happy reading!

Land Acknowledgement

North Glenora is located on Treaty 6 territory – the ancestral lands of the Cree, Saulteaux, Blackfoot, Metis, Dene, Nakota Sioux, Inuit, and other Indigenous peoples. We respectfully acknowledge the relationships established by this Treaty and are committed to honouring its principles. We humbly accept our responsibility as stewards of this land.

Together we will foster a community that understands our past, creates a sense of belonging, and strengthens supportive relationships with each other and the land.

LEGAL INFORMATION

The North Glenora News is published by the North Glenora Community League (NGCL) and does not endorse the content presented in any article or advertiser. NGCL board members and any others associated with the publication of the North Glenora News cannot be held responsible for the effects of any of the information published. All content is reviewed for accuracy prior to publication, but those involved cannot be held responsible for errors or omissions.



STRONG COMMUNITIES LEADERSHIP IN ACTION

IN THE LAST FEW WEEKS, WE HAVE HAD MANY CONVERSATIONS AROUND THE CITY ABOUT OUR NEIGHBOURHOOD. IT SEEMS WE HAVE QUITE A REPUTATION FOR BEING SOMETHING SPECIAL!

Despite being one of the smallest communities in the city, we have one of the strongest community leagues and a deep sense of community spirit. North Glenora has a history of being leaders going back to our beginnings in the 1950s. A recent example of our forward-thinking approach is the fact that free membership (which we began in North Glenora three years ago) is now being replicated by other community leagues across the city. From government officials to city administration to fellow Edmontonians, we are known for our strength and spirit as a community.

So get out and enjoy our community this winter! What is better than a nice brisk walk down 135 Street in the early evening, checking out the wide array of Christmas lights? Or how about skating at the North Glenora ice rink while enjoying some hot chocolate. There is a lot to do in our little community during the cold winter months. Don't forget to get yourself outside so you can enjoy some of it. And look no further than the pages of this newsletter for some upcoming indoor activities at our community hall.

Happy Winter!

Chris Hyde
president@northglenora.org

Melissa Campbell
pastpresident@northglenora.org

NORTH GLENORA BITS & BOBS



SAGE SENIORS ASSOCIATION OF EDMONTON IS EAGER TO ENGAGE WITH SENIORS IN THE COMMUNITY.

Please join us for coffee, cookies, and conversation to share your interests and ideas; talents and the expertise that you might share with your community.

WHEN Tuesday, January 16th, 2024
10–11:30 AM

WHERE North Glenora Community Hall
13535 – 109A Ave NW, Edmonton

No registration required. Sage Seniors Association of Edmonton newest directories will be available.

If you have any questions, please contact **Theresa Fielden** at 780.423.5510 ext. 352

Looking forward to meeting you!



Sarah Hoffman
MLA FOR EDMONTON-GLENORA

780-455-7979 Edmonton.Glenora@assembly.ab.ca

RING IN 2024 AT THE NORTH GLENORA NEW YEAR'S PARTY!



WHEN December 31st, 2023 7PM–1AM
WHERE North Glenora Community Hall

Come and celebrate with your neighbours! Music, dancing, games, multicultural activities, and beverages (non-alcoholic & alcoholic) for purchase. Please bring a snack to share.

We need volunteers for this event. If you're able to help out (set-up, clean-up, snack table shift, bartending shift) please contact **Marina** at family@northglenora.org.



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NORTH GLENORA BITS & BOBS



BEACH PUB NIGHT IN JANUARY



Join **The Bar Babes** on **January 19, 2024**, for another fun-filled Pub Night when we dream of the days of hot sandy beaches and swaying palm trees. We'll be listening to classic island tunes while sipping on cold frosty beer, chilled wine and refreshing non-alcohol beverages.

Dare to wear your favourite island beachwear if you're feeling hot in January. Prizes will be awarded for the most original beach babe and hunk. For those who choose to wear parkas and toques, you are entered to win a cool prize too! Let's enjoy some island fun on **January 19th from 8pm-11pm**.

Please bring a snack for friends and neighbours to enjoy, preferably something hot and spicy! **The Bar Babes** promise to have the heat turned up and the refreshments perfectly chilled!

Please note: Our license from AGLC states that all our pub nights are for North Glenora residents and their invited guests. See you on January 19th for some island fun!

NORTH GLENORA'S GOT TALENT!



Upcoming Concerts/Open Mics

Thursday, January 25, 2024

Featuring *Sheila Hallett & her Bluegrass pals*

Thursday, February 15, 2024

Featuring *The Campbell Girls*

Doors at 6:30 pm, show at 7 pm

North Glenora Community League Hall

Sheila Hallett

It's hard to feel sad when you hear a banjo! That's what drew **Sheila Hallett** to take it up in the 1990s. She's an active member of the Northern Bluegrass Circle Music Society and her kids basically grew up playing at jams weekly. In her spare time she plays with the band Prairie Sky. She'll wrangle some friends to join her on January 25 and fun will be had!

The Campbell Girls

Melissa Campbell has been singing for most of her life, sometimes in a choir, sometimes with a guitar on an open mic stage, and often in the car with her kids! Join Melissa and her girls: Asha, Nia, and Ezra as they sing some of their favourite songs together.

After the main performance, the stage is open to anyone who would like to share their music, poetry, or storytelling. Feel free to come as a performer or just to enjoy the show and some refreshments. Non-alcoholic and alcoholic beverages will be available for purchase (cash, debit, credit card accepted).

RE-THINK REALESTATE

Love Where You Liv™

TOP 5 TIPS FOR SUCCESSFUL WINTER SHOWINGS

- ✓ Clear the snow from driveway & walks
- ✓ Use a programmable timer for LED lights to go on in the evening
- ✓ Set up large floor mats at the entrance
- ✓ Keep the heat up - use a programable Thermostat if you can
- ✓ Watch humidity levels on the windows
*keep clean and clear of moisture build up



Leanne Cunningham

REAL ESTATE AGENT

780.263.2772

WWW.LEANNECUNNINGHAM.CA



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Contact Our Constituency Office
Call / Tél : 780-442-1888
E-mail / Courriel : randy.boissonnault@parl.gc.ca

Randy Boissonnault

Member of Parliament / Député
Edmonton Centre / Edmonton-Centre



Need Assistance? We're Here To Help!

Navigating Federal Departments and Programs

Our office can assist you with Citizenship and Immigration, Canada Pension Plan, and various other federal departments and programs.



Congratulatory Messages

Our office can arrange for birthday and anniversary messages to be sent from the MP, Prime Minister, Governor General and the Queen.



Additional Services

We can provide schools and students with literature on Canada and Parliament, copies of bills, amendments, Hansard or other House of Commons publications.



Randy

NORTH GLENORA BITS & BOBS

SLEDDING SAFETY



Emergency Medical Services would like to remind parents and children about a few toboggan/sledding safety tips.

Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Sledding Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Wear a ski helmet designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or icy;
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences;
- Beware of loose scarves or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged;
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill;
- Children should be supervised by an adult; try not to toboggan alone;
- Sledding at night is not advised.

Plan ahead

- Anticipate weather changes and plan accordingly;
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks out of the cold to warm up;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose are vulnerable. If frost bite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind-chill;
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm – not hot – water, until re-warmed.



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NORTH GLENORA BITS & BOBS

EDMONTON HUMANE SOCIETY FOSTER PROGRAM

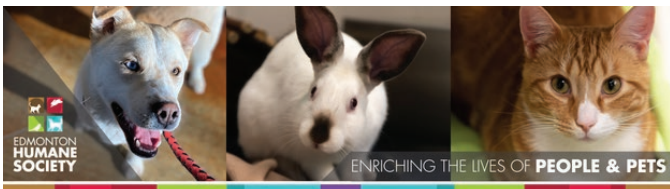
FOSTER AND SAVE A LIFE!



Foster volunteers play a vital role for the Edmonton Humane Society. These volunteers open their hearts and homes to animals who are not yet ready for adoption. Animals who require foster care may be too young for adoption, sick or injured, need specific behaviour therapy, or perhaps just a quiet place to lay their heads. Some pets are very stressed at the shelter and do much better in a home environment, allowing their true personalities to come out. The foster program also opens up space in the shelter, freeing kennels to house and care for even more animals.

Foster volunteers provide temporary care in their homes until the animals are ready for adoption. The length of stay in a foster home can vary anywhere from two weeks to two months. The EHS provides all supplies and veterinary care; foster parents provide much needed TLC and basic care such as feeding, exercise, grooming, socialization, and occasional medication administration (full instructions provided).

edmontonhumanesociety.com



PLANNING AND TRANSPORTATION UPDATE

New District Plan: We recently learned about proposed District Plans and changes to zoning along corridors. North Glenora is included in the Central District. One proposed change, for example, is portions of 107 and 111 Ave will be designated as secondary corridors, and may include mid-rise buildings of mixed use (residential and commercial spaces). More information can be found in the [City Plan](#) (pages 97–104) describing how communities will be zoned according to nodes and corridors. Additionally, the City has provided a [District Planning Frequently Asked Questions](#) document.

Emergency vehicle access issues: Our committee is investigating emergency vehicles accessibility in our neighbourhood, focusing on narrower streets with parking on both sides of the street.

Changes to community sandboxes: Community Sandboxes will be centralized to Coronation Eco Centre (11440–143 St) and Maintenance Yard (14320–114 Ave). The sandboxes at the Maintenance Yard are located OUTSIDE the fence. Please bring your own container.

Happy New Year!

Ivy Koenig

Chair, Planning and Transportation Committee
plan@northglenora.org



Discover Your Potential!
Toastmasters D52

TOASTMASTERS is a journey of personal and professional growth. Learn how to speak, lead, and connect. We meet Wednesdays at noon at the North Glenora Community Hall. Join us in person or online. WeBAtoastmasters@outlook.com

NORTH GLENORA BITS & BOBS

MORE THAN JUST BOOKS!



We are privileged to have a library right on our doorstep at the Edmonton Public Library (EPL), Woodcroft Branch, 13420 114 Avenue, on the northside of Westmount Mall. Considering that EPL has only 21 locations throughout Edmonton we are very fortunate indeed.

New classes and events

New classes and events include **Baby Laptime** on Mondays at 11am and **Lego** on Saturdays at 3pm. **Tech Time** is now on Sundays at 11am – bring your device and questions! December 13 at 1pm we are offering **Tenant Empowerment Basic Course** as part of EPL's **Life Skills** series. **Friendly English** is on a break for December but back in January on Sundays at 1pm and Thursdays at 6:30pm. **Preschool Problem Solvers** (Sundays) and **Computer Skills** (Monday evenings) will resume in January as well. Our **Settlement Worker** is in branch now on both Tuesdays and Wednesdays to help newcomers.

We have expanded hours at all locations to be open from 10am–5pm on Sundays, if you haven't heard the good news! Please come by and see us; you will find some new toys in the children's area, and you can vote for your favourite Young Reader's Choice Awards title, or even book a controller and play PS5 with your friends or family members.

It's always cozy in the library!

EPL Woodcroft Branch
13420 114 Avenue,
780.496.1830 / www.epl.ca

Coronation Schoolyard^N
Naturalization & Outdoor Classroom
Project

Zone A Zone B Zone C Zone D Zone E Zone F

SAVE THE DATE

Feb.01.2024
6:30pm - 8:00pm

PROJECT KICKOFF MEETING

North Glenora Community Hall
13535 109A Ave NW, Edmonton, AB

** Light refreshments served **

RSVP: Erin, sustainability@northglenora.org

QUOTE OF THE DAY

Submitted by Heather Fairburn

"I dreamed of snow angels and hot chocolate, of a cold wintry day blowing circles of hope into the frosty air, and a heaven-sent blizzard of self-forgiveness blanketing my past and covering all that has come before in the glistening white of my prayed for peace."

"It is here, in the landscape of my life, that I find my footing, create my impression and joyfully walk a path of resilient renewal with grace, gratitude and a sprinkling of guardian snowflakes welcoming me home."

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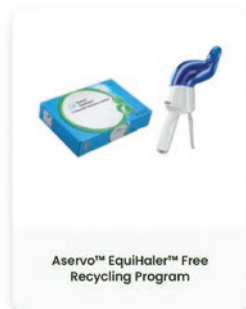
SCAN ME!

FIND US!

THE VILLAGE GREEN



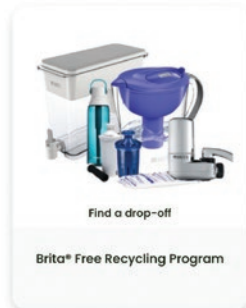
HARD-TO-RECYCLE ITEMS



Aservo™ EquiHaler™ Free Recycling Program

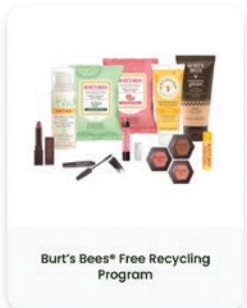


Babybel® Free Recycling Program



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Brita® Free Recycling Program



Burt's Bees® Free Recycling Program

TerraCycle Recycling Program Examples

TerraCycle is a fantastic not-for-profit organization that is dedicated to eliminating the idea of waste by collecting and recycling the hard-to-recycle things.

If an item isn't locally recyclable, it's usually because collecting and processing it costs more than the value of the resulting raw material. **TerraCycle** works with concerned retailers, companies, and stakeholders who fund them to carry out the recycling process. So if the WasteWise App advises the user to put an item in the garbage, it might be worth checking out **TerraCycle**. They have free and paid services and also have stations set up at some retailers. For example, the Staples at Unity Square accepts markers and pens for recycling, and some dental offices have **TerraCycle** collection bins for toothbrushes and toothpaste containers.

Just a few of the hard-to-recycle items that **TerraCycle** accepts for its free recycling program:

- Razor blades and handles
- Coffee bags
- Brita filters
- Squeeze snack pouches
- Beauty product containers
- Toothbrushes and oral care containers

See the full list:

<https://www.terracycle.com/en-CA/brigades>

Just sign up, print a label, fill an envelope, and send your hard-to-recycle items in to be recycled!

Erin Olefeldt

sustainability@northglenora.org

UPCOMING 2024 EVENTS

Open Mic

January 25 2024: featuring **Sheila Hallett**

February 15, 2024: featuring **The Campbell Girls**

Pub Night January 19, 2024

New Year Celebration

December 31 at 7 pm with dance performances, games, food, fireworks at the North Glenora Community Hall.

Jigsaw Puzzle Contest

January 29, 2024, 6–8 pm for International Puzzle Day

Games Night

February 21, 2024, 6–9 pm North Glenora Community Hall

Skating Party

 February 24, 2024

Please contact **Marina Koffi**, NGCL Activities & Programs Coordinator at family@northglenora.org for more information.





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NORTH GLENORA COMMUNITY LEAGUE MEMBERSHIP



NGCL MEMBERSHIPS

Missed your canvasser and want a free community league membership?

Please contact **Sandy Stift**, NGCL Membership Chair, at member@northglenora.org

Member Benefits

- Networking with neighbours
- Online access to community news
- Free skating on outdoor, and some indoor rinks
- Admission discounts at any City of Edmonton sports and fitness facilities
- Ticket discounts to some professional sports games
- Option of playing sports on community league teams
- A voice and a vote on community issues, programs and services
- Borrow free tools from the Edmonton Tool Library
- Access to community social events
- Reduced rental rates for the community league hall
- The sense of belonging to your community
- The opportunity to help strengthen your community

Additional Benefits

Did you know the North Glenora Community League (NGCL) is a member of the Edmonton Federation of Community Leagues (EFCL)?

Along with numerous programs for young and old, your community league membership gains the larger benefits of perks, deals, and discounts from various local businesses and organizations that partner with the EFCL. Memberships are also available through the EFCL website. Visit www.efcl.org for details.

NGCL program offerings are available online at www.northglenora.org.

Pay it Forward with Donations

Donations can be made by dropping a cheque in the community hall mailbox 13535 109A Avenue or by Etransfer to member@northglenora.org

Questions?

Please contact **Sandy Stift** at member@northglenora.org.