

we are North Glenora

July 2019 Newsletter

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Please note: there is no August edition of the newsletter.



The **ACING** Team





Block Party Success in June.
See page 8 for thank-yous and updates.

Do you have an article or story that you would like to share? A recipe or photo? A special thank you or congratulations to someone in your community? We would love to hear from you.

The deadline for the <u>September</u> issue is **August 23**rd. Please send your submission to **northglenoranews@gmail.com**







Meets at the NGCL Hall **Tuesdays** with a weigh-in at **6:30 pm** followed by a short business meeting. This support group is open to men and women. For more information please call:

Brenda Richardson @ 780-719-5155

Find us Online!

Visit our website at: northglenora.org

Sign up to the mailing list: http://eepurlcom/l463z

Follow us on Twitter:

Join our Facebook Group:

@northglenoraCL https://www.facebook.com/northglenoracl/

JULY 2019

NGCL Newsletter

Community Contacts

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Secretary	Melissa Campbell	780.982.8889	
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Communications	Sana Alugaili		
Past President	Katie O'Reilly		
Past Vice President	Cara Roemmich		
Special Coordinators			
Casino	Neil Lang	780.975.0868	ngcl.member@gmail.com
Fall Garage Sale	Louise McKay	780.469.8405	226sunset@gmail.com
Garbage Fair	Margaret French	780.451.0808	moutard@shaw.ca

Emergency Contacts

Emergency Calls 911

Non-Emergency calls 780.423.4567

eps@police.edmonton.ab.ca

Police Switchboard 780.421.3333 (Weekdays)

West Division Police Station 780.426.8000

16506 - 100 Ave Hours: 6 am to 10 pm daily

Crime Stoppers 780.422.TIPS (8477)

Animal Control 780.496.8860

Report a Coyote 311

Government Contacts

Scott McKeen, City Counselor Sarah Hoffman, MLA

Telephone: 780-496-8140 Telephone: 780-455-7979 scott.mckeen@edmonton.ca edmonton.glenora@assembly.ab.ca

Randy Boissonnault, MP

Phone: 780-442-1888

Website: RandyBoissonnault.liberal.ca

Newsletter Submissions

Comments, complaints and compliments are always welcome via email at northglenoranews@gmail.com

Advert Inquiries:

Please contact the editor by email at: northglenoranews@gmail.com for information. Current rates can also be accessed on the ngcl.org website.

Delivery Contact

The lovely and talented Kirsten Paetsch handles delivery of our newsletter. If you would like to apply for a route when one comes available or if you have any problems with delivery, please contact Kirsten at k.paetsch@live.com

Newsletter Submissions are due no later than 6:00 pm on the Friday following the North Glenora Executive Meeting (third Tuesday of the month).

Legal Information

The North Glenora News is published by the North Glenora Community League for the benefit of the Community.

Note that the articles and advertisements appearing in the North Glenora News do not necessarily reflect the views of the North Glenora Community League. Its officials or individuals cannot be held responsible in any way for the effects of any information published herein.

While we make every effort to assure the accuracy of the information contained herein, we cannot be held responsible for errors or omissions.

UPCOMING EVENTS

August's North Glenora Community League Newsletter

 No NGCL Newsletter for the month of August

Kids Movie Night

No movies until September

NGCL Summer Program for 5-6 Year-Olds

Monday, July 15.....8:30am—12:00pm Wednesday, July 17....8:30am—12:00pm Friday, July 19.....8:30am—12:00pm

July Pub Night

North Glenora Community Hall Friday, July 19.....8:00pm—11:00pm

NGCL Community Day Pancake Breakfast North Glenora Community Hall Saturday, September 21.....10:00am—1:00pm







Volunteers Needed for Board Positions



Have you considered becoming more involved in your community, looking for a meaningful way to give back, or interested in getting to know your neighbours better? Consider joining the North Glenora Community League Board. We are always looking for members who are passionate about this amazing community, and we happen to have a few vacant positions that need to be filled.

Hall Bookings: This is an important position and we are hoping to have it filled as soon as possible, since hall rentals provide a significant portion of our operation budget. In this position you will be scheduling the community hall for NGCL activities and acting as the contact person for anyone inquiring about hall rentals.

Buildings and Grounds: You enjoy taking care of the physical structure of the league

Sports Programs: You enjoy organizing sports programs for the community.

If you are interested in any of these board positions, please contact David Van Meter at ngcl.president@gmail.com or Andrea Laurie at ngcl.1vp@gmail.com

SAVE THE DATE:

NGCL Community Day Pancake Breakfast

Saturday, September 21 from 10:00 until 1:00

North Glenora Community Hall - 13535-109A Avenue

Includes: Pancakes, (gluten free options available) Sausage, Juice, Tea and Coffee

Bring or with the purchase of your 2019/2020 Community League Membership, enjoy free a pancake breakfast for a family of 4

Non members: 3.00 per plate

Games, EPL puppet show, face painting and a visit from the Fire Department and their fire truck.





Dr. Gilbertson and Associates

Your community eye care professionals!

- Offering Complete Eye Exams & Treatment for Eye Disease
- Fashion Eyewear and Contact Lenses
- Children's Eye Exams and Eyewear
- Conveniently Located Near Kingway & Westmount
- Open Late Tuesdays
- Our doctors have over 30 years of combined experience!

106 - 11910A 111 Avenue, Edmonton • Phone: 780-451-9387 • www.edmontoneyecare.com

THURSDAY NIGHTS AT

NORTH GLENORA COMMUNITY HALL

13535 - 109A AVENUE, EDMONTON, ALBERTA

Live music - Come out to play your instrument, sing, listen or learn to dance

REMEMBER THOSE DANCE FLOOR CLASSICS – WALTZ, POLKA, FOXTROT, TWO STEP.

POLISH UP YOUR SHOES AND GET IN RHYTHM

WE CANTEACHYOU.

DANCING IS ONE OF THE BEST AEROBIC WORKOUTS YOU CAN HAVE: benefits the heart, the mind, the soul and is good for the brain. It is how to stay young. Music and dance build the community.

A GREAT OUTING FOR THE WHOLE FAMILY - PARENTS, CHILDREN AND GRANDPARENTS.

ALL AGES WELCOME

MUSIC STARTS AT 7:00 P.M.

ADMISSION - \$5.00 PER PERSON

BRING INTHIS AD FOR ATWO FOR ONE ENTRANCE.

FOR MORE INFO CALL KEN AT 780-504-0489

or BARBARA AT 780-906-6862

Kids Movie Night

A Movie is Planned for September.

There is no movie screening in July or August.

Bring the family, a sleeping bag to lie on, a reusable cup to fill and enjoy some popcorn and a drink while enjoying the film.

A reminder that all kids need to have a responsible adult in attendance with them throughout the duration of the movie.

Doors are at 6:30 and the movie starts at 6:45. Note that pub night starts immediately following the film.

Groat Plaza Family Dentistry

Dr. Ann Macdonald

Dr. Milana Levin

780-447-9910

www.groatplazadentistry.com

*ALL SERVICES PROVIDED BY GENERAL DENTISTS

Our dental team has been part of the community for over 10 years. We offer comprehensive dentistry to patients of all ages. We are committed to providing compassionate and professional dental care of the highest standards in a comfortable environment.



SERVICES PROVIDED

- Individualized Comprehensive Treatment
- · Preventative Hygiene Care
- Restorative & Cosmetic Dentistry
- One Visit Crowns
- · Tooth Replacement
- Myofunctional Orthodontics
- Invisalign®
- Sleep Apnea/Snoring Appliances
- Under Armour® Mouthguards

NEW PATIENTS WELCOME

Westmount Presbyterian Church

13830-109A Avenue Come join us for worship.

Sunday at 9:30am (with children's program).

See our Website for details.

www.westmountpresbyterian.ca LOVE/SERVE/CARE



Our constituency team is here to help residents with provincia govenrment departments, programs, and services.

10996 124 St NW,

edmonton.glenora@assembly.ab.ca

780.455.797



11311 - 143 Street Edmonton AB T5M 3P8 Tel: (780) 454 1144

DON SANDE



Randy Boissonnault MP/Député Edmonton Centre

Constituency/Circonscription
10235 - 124 Street/Rue
Suite/Bureau: 103
Edmonton AB T5N 1P9
780 442 1888

Ottawa office/bureau
House of Commons
Chambre Des Communes
Ottawa ON K1A 0A6
613 992 4524



Randy.Boissonnault@parl.gc.ca

Proud to serve the people of Edmonton Centre

Fier de servir les résidents d'Edmonton-Centre

Do you have kids aged five and under?

Need a place to play indoors?



Join us at North Glenora's Indoor Playground!

Located inside the North Glenora Community Hall at 13535 109A Avenue

OPEN MONDAYS and THURSDAYS 9:15 to 11:00 AM

Your first visit is free! \$1.00 drop-in fee, or a yearly fee of \$20.00

Contact ngcl.1vp@gmail.com for more details.







Purchase a table at the North Glenora Community League

Christmas Craft Fair and raise money for a good cause!

4' Table for \$35 (\$30 for NGCL Members) <u>Two</u> 4' Tables for \$55 (\$50 for NGCL Members) ½ Price for Crafters Under 18-Years-Old

Interested? Contact ngcl.fundraising@gmail.com to register or for more information.

All proceeds of the purchase of tables goes to support the North Glenora Community League



Thank You North Glenora, Love ACING

The Abundant Community Initiative for North Glenora Block Party series has come to an end. Thank you to our wonderful Block Connectors for putting the time and energy into these parties to make them so successful! We sipped tea and made buttons from the Skills Society's CommuniTEA Infusions van, played street hockey, tasted backyard honey, learned about the Woodcroft Library, enjoyed BBQ and potluck dishes, painted faces, hennaed hands, got drenched, won prizes, played outdoor games, and most importantly enjoyed the wonderful company of our neighbours on the blocks where we reside. Over 350 neighbours attended these events. Thank you North Glenora for participating and making our community a more vibrant place to live.

Huge thanks to the following people:

Blocks 17/11 Party

Sheila Hallett, Block 17 Connector Nicole Howard, Block 11 Connector Monika Ibrahimi, Block 17 resident Sharleen Martel, Block 17 resident

Block 1/5/12 Party

Melissa Campbell, Blocks 1 & 5 Connector Lionel Pereira, Block 12 Connector

Block 30/31 Party

Jacquelyn Dorchester, Block 30 Connector Wendy Sauve, Block 31 Connector

Block 23/20/13 Party

Cheryl Whitelaw, Block 23 Connector Maryan Ali, Block 13 Connector Pat Kelly, Block 20 Connector

Block 34/29 Party

Heather McIntyre, Block 34 Co-Connector Mark Veerkamp, Block 34 Co-Connector Neil Lang, Block 26 Connector



Back: Neil Lang, Melissa Campbell, Pat Kelly, Jacquelyn Dorchester, Lionel Peirara, Front: Wendy Sauve, Sheila Hallett



Block 34 Party Sign



Skills Society Tea Van



Block 23/20/13 Party

For more information on ACING and to find out how you could get involved, please visit northglenora.org/abundant-communities

Date: June 9, 2019

https://maps.edmonton.ca/map.aspx

Land Applications: Rezoning

10841 135 Street: Application in progress

Major Development Applications:

Woodcroft: construct restaurant use building with outdoor patio and drive through

Minor Development Applications:

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10727 141 St - Steve Sewell- two single detached - permit issued (demolished) (under construction)
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10763 133 St - Imran Lila - demolition - plans examination

10808 135 St - Midtown Boulevard Inc. - Subdivision approved - demolition approved (demolished)

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10817 139 St - garage suite - permit issued (under construction)
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10821 138 St - Richmond Park Developments - demolition - new

10823 138 St - Richmond Park Developments - demolition - new

10837 140 St - Timber Haus - demolition - permit issued; construct detached garage - tech review - more info requested - permit issued

10839 140 St - Timber Haus - under development review, construct detached garage - tech review - issued

10904 139 St - Makespace - single detached - permit issued (construction has not commenced)

10906 139 St - Makespace - single detached - permit issued (construction has not commenced)

10954 135 St - MJV Construction Ltd - subdivision approved - single detached - intake and tech review (demolished); on notices, in development review

10961 138 St - Garry Sandhu/1914202 Alberta Ltd - single detached house and garage- demolition approved - tech review; permit issued for garage construction - completed

10962 137 St - Homes by Anthony- single detached - permit issued (demolished) (construction started)

10964 137 St - Homes by Anthony - single detached - permit issued - demolished; (construction started)

10970 141 St - Paramount - single detached - permit issued (demolished) (under construction)

10972 141 St - Paramount- single detached - permit issued (demolished) (under construction)

13302 109B Ave - Jacquie Lesperance, detached garage - in plans examination

13307 109b ave - Dandelion Renewables - install 36 solar panels - permit issued, construction completed

13316 109 Ave - Custom Garage Sites Ltd. - garage suite - permit issued; garage demolition - permit issued

13336 - 110 AVENUE NW - Timber Haus - demolish single detached house and garage - in plans examination

13411 109 Ave - Peter Northcott - garden suite - in development review

13575 107A Ave - Reliance Homes Inc. - permit issued, mutual detached garage, construction started

13577 107A Ave - Reliance Homes Inc. - permit issued, mutual detached garage, construction started

<u>13608 110 Ave</u> - Cheyney Wagner - demolish single detached house and garage - development permit approved but appealed by neighbour - new

13907 108 Ave - Arthouse - demo and single detached - permit issued (demolished) (under construction)

13915 109B Ave - Reliance Homes - demolish single detached house and garage - more info requested, plans examination review

13923 108 Ave - MNR Contracting - demo permit issued - single detached & garden suite - permit issued (demolished) (under construction) - in development review

Historical

10929 133 St - Cambellton Homes - single detached - permit issued (construction complete)

10931 133 St - Cambellton Homes - single detached - permit issued (construction complete)

10812 135 St - Lookhaus - single detached - permit issued (construction complete)

10814 135 St - Lookhaus - single detached - permit issued (construction complete)

10816 135 St - Lookhaus - single detached - permit issued (construction complete)

10818 135 St - Lookhaus - single detached - permit issued (construction complete)

10820 135 St - Dave Huynh - single detached - permit issued (construction complete)

10822 135 St - OGGI Homes - single detached - permit issued (construction complete)

10833 140 St - Lincolnberg / timber haus - single detached - permit issued (construction complete - sold)

10835 140 St - timber haus - single detached - permit issued (construction complete - sold)

Christophe O. Voegeli Bsc, CFP, CLU, CFA Financial Planner Suite 111, 6030 88 Street NW Edmonton, AB T6E 6G4 Phone 780-702-3922 Direct 780-702-3921 Fax 587-406-0226 cvoegeli@clearfocusfinancial.ca clearfocusfinancial.ca

Andrea Robitaille

Junior high French Immersion teacher able to tutor all elementary subjects in English or French, FSL, and junior high English language arts, French Immersion language arts, and social studies.

780-905-0436 Text or call

July Pub Night

Fun/Friends/Food/Fantastic drink selection!



July's North Glenora Pub Night will be **July 19** from **8 -11pm.**

The usual pub night beverages will be available as well as non-alcohol drinks. Bring a snack to share, maybe served in a creative re-used container? As required by the liquor license — this event is open to all over 18 residents of North Glenora and invited guests.

North Glenora Neighbourhood Club (NGNC)

If you would like to join the executive and/or have ideas for events, please attend the meeting or phone Bev at 780-455-7072 or e-mail Donna at donnajc@telus.net. Please watch for information in future newsletters.



Piano Lessons

Piano lessons taught by Aoise Roche. Certified grade 8 piano by the Royal Conservatory of Music.

Accepting beginners up to grade 5. Lessons taught on a white Baby Grand Samick piano at \$75 per month for weekly half hour lessons.

Contact Aoise Roche at aoisegeorge@gmail.com





YOGA & RELAXATION

PRESENTED BY THE
NORTH GLENORA COMMUNITY LEAGUE
(103535 109A Ave)

BEGINS THE WEEK OF MAY 20

TUES: Hatha yoga, 9:30 - 10:30 am

WED: Hatha yoga, 6:45 - 7:45 pm

WED: Relaxation (yoga nidra), 8 - 9 pm





savageland5@hotmail.com

5 CLASSES FOR \$57.50

ALL EXPERIENCE LEVELS WELCOME

For information & registration:

JACQUELYNRAE.YOGA@GMAIL.COM



Garden Homes Now Allowed in North Glenora

www.UrbanMews.ca info@UrbanMews.ca

Tel.: 780-428-7777







More North Glenora residents now than ever before find themselves in the "sandwich generation" challenged with the responsibility of managing their aging parents' care and, at the same time, still raising their teenage children. The bad news is that, in all likelihood, our parents will find it difficult to find an affordable or suitable retirement home, as waiting lists for seniors' homes continue to grow exponentially.

At the same time, many young North Glenora families find it difficult to keep up with their mortgage payments and the rising cost of living and would welcome some additional income.

There is good news! Edmonton City Council responded to the looming shortage of senior and affordable housing by recently amending land use by-laws for North Glenora and allowing for development of Garden Homes or Garage Suites in residential backyards. These attractive, self-contained homes, with separate utility metering and separate mailing address can now be built on many lots, allowing seniors to either move into such home in their own yard and rent out their main home, or move into their children's back yard. Also, Garden Homes became a practical housing solution for live-in caregivers, nannies or renters. For many families it's a win/win proposition.

At <u>UrbanMews.ca</u> we combined decades of experience in community development, architecture and construction to design attractive, economic, and ecological Garden Homes and above-garage suites to meet the growing demand for such housing. Urban Mews homes can be disability friendly, they exceed all building and energy code requirements and are covered by government approved New Home Warranty. The Urban Mews team designs each home to our client's individual liking and we take care of all municipal permitting and administrative tasks.

In North Glenora, Garden Homes and Garage Suites fetch as much as \$1,400 in monthly rental revenue. That makes these homes great mortgage payment helpers for younger families or pension supplements for seniors.

Whether it's for your parents, for your teenagers, for rent or simply a guest house or a quiet place to pursue your hobby, you now have an options that you didn't have before. Your backyard can be more useful than you thought. Let's design and craft one in your yard...

Check us out at: www.UrbanMews.ca

VicDen Centre Dental Care

11447 Kingsway NW (Right beside Superstore)



We take pride in our ability to provide you with the highest quality treatment in a warm and friendly environment.

We provide all dental services including:

- Family Care
- Oral Surgery
- Dental Implants
- Same Day Dental Crowns
- Bridges and Veneers

Dr. Victor Denysenko speaks English, Polish, Ukrainian, and Russian

- Dentures
- Periodontal Treatment
- Preventative Dentistry
- Emergency Care
- 3D Imaging

please Call (780) 482-4802

**Free Exam with Community Newsletter ** www. vicdencentre.com

PAWSITIVE PETS Gentle grooming for small to medium sized dogs, cats, & other small animals.

BOOK

Call/Text Amanda: 780-240-4379 pawsitivepetsgrooming@gmail.com

VISIT

13307 109 Ave NW, Edmonton, AB By appointment only.

Located in North Glenora, Pawsitive Pets is a new home-based animal grooming salon. Amanda uses positive reinforcement training techniques, creating a relaxed and calming atmosphere for your pet.

Certified Animal Care Specialist (Sheridan College) - 2006

Professional Pet Stylist (Alberta School of Dog Grooming) - 2012

For more information, including pricing and availability, please visit:

www.pawsitivepetsgrooming.ca

North Glenora Crime Map

Please remember if you see anything suspicious to call 911 as soon as possible. Together we can all prevent crime in our neighbourhood!

For more information on crimes in our neighborhood visit:

crimemapping.edmontonpolice.ca

The Village **GREEN** – Summer Activities for the Kids

Erin Olefeldt

Summer holidays are almost here! Here are a few fun and (somewhat) educational activities for the kids for those lazy summer days:

The Friends of the Earth Bee Census. My kids really love this one, and it's amazing now how they can differentiate between the various bee species. All you need is one of the bee charts which you can print using the link that follows, and a camera and kids are all set to get out in nature, looking for bees and snapping photos for a greater cause. Starting on July 1st and running until August 31st, Friends of the Earth is asking citizen scientists to send photos and observations to: foecanada.org/en/census-form

You can find the chart at: https://foecanada.org/en/files/2017/08/FoE census western.pdf

Living Seed Necklace. For this activity, kids will need the smallest ziptop plastic bag you can find (~1"x2"-you can get these at the dollarstore in the craft aisle), seeds (I like bean seeds for this), cotton balls, coloured string or yarn, and water.

Put the cotton ball in the plastic bag and make it slightly damp. You don't want a pool of water in the bag, or the seed will drown! Now you can place your seed on top of the cotton ball. Then close the bag. Punch a hole through the bag just big enough to thread the yarn or string through. Tie it so it will easily go over the child's head around their neck to be worn like a necklace. They can wear the necklace under their shirts as the warmth will help the seed germinate! Just make sure, kiddos take the necklace off before bed so there is no risk of choking. Once the seed has sprouted, children can plant it in a pot of garden soil, water it, and watch it grow!

A Worm Apartment. For this activity, kids will need a clear, 2 L pop bottle, a 4-5" plant pot, black construction paper, tape, permanent marker, soil, sand, grass, and leaves.

First, go digging in the soil and find some earthworms! Place a scoop of soil, with worms in the plant pot and fill it ¾ of the way with soil. Now, cut the top and bottom sections off of the pop bottle (with an adult's help), leaving the middle section. Place this plastic pop bottle tube into the plant pot. Now fill the tube with layers of soil, sand, and grass, using mostly soil and thinner layers of sand and grass. Finish the layers with grass and leaves on top. Mark the bottle with lines where the layers are using a sharpie. Now cover the tube with a piece of black construction paper and tape it in place (worms don't like light)! After a few days, take off the paper and see what your worms have been working on! Make sure to empty it all back into a garden when you're done watching your worm pets!

Happy Summer!



Welcome to

Coronation School!

We are extremely excited to continue enhancing our focus on the International Baccalaureate (IB) Primary Years Programme (PYP) to emphasize inquiry and development of the whole person.

Through the support and talent of our students, staff and families, we work together to create a dynamic learning community. At Coronation, we're committed to ensuring all students have a sense of belonging and are engaged, active and involved in high quality learning opportunities.





International Baccalaureate Primary Years Programme

As an IB World School, Coronation strives to challenge students with rigorous learning experiences. We establish this by:

- involving students actively in their own learning
- · engaging students with rich, relevant content
- high level questioning (by adults and students)
- providing opportunities for students to express voice and choice
- · emphasizing depth of learning, no just coverage
- focusing on the quality rather than quantity of student work

Curriculum

The Primary Years Programme identifies the curriculum in three ways:

- written curriculum—what do we want to learn?
- taught curriculum—how best will we learn?
- assessed curriculum—how will we know what we have learned?

Classroom Learning

In a PYP classroom, portions of each school day are also dedicated to helping students master essential knowledge and skills in basic subject areas such as math, reading and writing. All teaching aims to foster student curiosity and critical-thinking skills, developing an international perspective and meeting the diverse needs of all students.

Assessment

In the PYP, assessment is part of a continuous cycle that leads students to deeper levels of understanding. Assessment is used to identify students' current level of understanding and determine what they need to learn and how they will best learn, so they can master new knowledge, concepts and skills.



10925 139 St NW

Edmonton AB T5M 1P8
T 780-455-2008
F 780-455-8717
E coronation@epsb.ca

Coronation

North Glenora Student Registry Service **Availability** Other Information Contact 780.634.3296 **Abby Bowen** Babysitting Evenings and weekend AM Babysitting course completed Alexandra Sopiwnyk **Babysitting** 780.455.9915 Wknds and some evenings Babysitting course completed **Aoise Roche** Piano lessons Weekly half-hour lessons Certified grade 8 piano aoisegeorge@gmail.com Small dog walking, **Autum Adams** 780.482.5037 After school/weekends Babysitting course completed **Babysitting** Benjamin Dog walking/Yard Care 780.761.7599 Flexible—daytime dog walking Raking, Snow shovelling **Brennan Robitaille** 780.905.0436 **Babysitting** Some evenings/weekends Babysitting course completed Babysitting course completed, references **Emma Pardy** 7807295667 **Babysitting** Evenings and weekends available **Grace Van Meter Babysitting** 780.454.5459 Evenings and weekends Babysitting course completed **Jayden Adams** Lawn Maintenance 780.482.5037 After school/weekends Jennifer Allen 780.718.2766 Morning/Afternoon, wknds References available **Babysitting** Babysitting/Plant Care 780.488.0586 Weekends and evenings Babysitting course completed **Kate Hughes Katie Oltsher Shook** House/Pet Sitting 780.430.0591 Daytime or longer periods Experienced; references avail. After school/weekends **Maggie Ewais** Small dog walking 587.991.3526 Markus Rubba Lawn Care 780.488.6214 After school/weekends Malina Rubba 780.488.6214 After school/weekends Dog walking **Rachael Duke** 780.884.3404 Evenings and weekends Babysitting Sara Van Meter Babysitting, Pet Sitting 780-454-5459 After school and weekends Also dog walking and snow shovelling After school/weekends **Sherif Ewais** 587.991.3526 Babysitting course completed **Babysitting Tanner Piers Lawn Cutting** 780.447.5564 Babysitting course completed; 2018 NGCL Vianne Amini-Arthurson 780-432-1460 **Babysitting** Weekends only youth park assistant

Students, do you live in North Glenora and want to be listed in our registry? Email northglenoranews@gmail.com with your name, availability, and service you offer and we'll be happy to add you to our list.

North Glenora Business Registry					
Business	Contact	Phone	Service		
All Sport Health & Performance	Dr Mecca Fayad	780.424.7246	Chiropractor		
Architectural Design and Drafting Service	Vaheed	780.200.7872	Custom home design, basement, addition,		
Avon	Darlene	780.504.1652	Make-up, skincare & fragrances		
Bliss Baked Goods	Hanna	780.453.0101	www.blissbakedgoods.ca		
Bultena Concrete	Nick Bultena	587.337.9717	Concrete Contractor-Interior & Exterior		
Central Alberta Property Services	Rick Yost	587.783.9143	Maintenance & repair of properties		
Clear Focus Financial	Christophe O. Voegeli	780.702.3922	Financial Planning		
Duncan Therapeutics	Taylor Duncan	780.965.6026	Massage Therapist www.duncantherapeutics.com		
The Estate House	Deborah McGuire	780.451.7557	Wills and Estate law services		
Finish Carpenter	Andrei Feher	780.760.5501	Finish Carpentry		
French and English Tutor	Andrea	780.905.0436	Elementary & junior high subjects in English or French		
Groat Road Auto Service	Don Sande	780.454.1144	Automobile Service and Repair		
Home & Business Organizing	Liz	780.455.4808	Control your space & displays		
House Cleaning	Barbara	587.523.4548	House cleaning		
Jay-Kur Contracting	Jay Adams	780.995.4578	Residential/Commercial Renovations		
KB Consulting	Karen	780.907.0693	Bookkeeping Services		
Kind Power Coaching and Consulting	Cheryl Whitelaw	780.903.5519	Coaching and Inclusion Consulting		
Lawn Mower Maintenance	Eric Hughes	780.488.0586	Winterization or spring tune-up		
LipSense by SeneGence	Rose Boyd	780.716.7145	Make-up and skin care		
Megan's Family Doula Services	Megan Jakeway	780.701.4913	Childbirth doula certified with DONA, Intl.		
Pawsitive Pets	Amanda	780.240.4379	Professional animal grooming		
Perfect Drywall	Kelly Savage	587.710.5038	Steel stud, insulation, drywall, taping, etc.		
Photo Boutique by Ana Feher	Ana Feher	780.760.5501	Photography, Craft and Art		
Professional Abstract Art	Tatjana Elgersma	780.983.4848	Custom Abstract Art		
Radiance	Karl Faes	780.995.0464	Massage Therapy/Neuromuscular Breath Work		
Rainbow Eavestroughing (1982) Ltd.	Adrian Aarnoutse	780.447.1696	Soffit, Fascia, and Eavestroughing		
Raptor Cat	Allan Semenchuk	780.919.6979	Concrete Work & Oilfield Services		
Realty Executives North Star	Brandon Berlando	780.993.9252	Realtor		
Re/Max Real Estate (Central)	Ken Kabat	780.994.3908	Real Estate Services/Realtor		
Rodan + Fields	Brenda Svec	780.905.6290	Dermatology-based skin care		
Ron's On Site Mechanical Repair	Ron Garner	780.455.5002	Small Engine Repair		
Scentsy	Nicole	780.937.1808	Scented wax, warmers & more		
Silver Icing - Online Shop	Tanya Van Wieren	587.983.2362	Online shop - Clothing		
Smooth Transitions Edmonton Ltd.	Pat/Karen Lencucha	780.540.4310	Movers specializing in Seniors		
Soul Strenth Yoga & Fitness Inc.	Melany James	780.235.1095	info@soulstrength.ca		
Speech Therapy Services Ltd.	Melissa Campbell	780.982.8889	Registered Speech-Language Pathologist		
Stanley Construction Ltd.	David Gantar	780.288.6612	Commercial General Contractor		
VicDen Centre Dental Care	Victor Denysenko	780.482.4802	Dental Care		
Wellness Through Nutrition	Sarah Esch	250.681.1902	Convenient solutions for weight loss, energy, mental clarity		
Sophisticated Side Hustle	Sarah Esch	250.681.1902	Helping people create more money and freedom in their lives		

Are you a North Glenora Community League member and have a business you would like to include in our new business listings? Email **northglenoranews@gmail.com** with the information listed above and we'll be happy to add you to our list.

July 2019

North Glenora Community League Events Northglenora.org or find us on Facebook!				Facebook!		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 09:30 Morning Yoga 17:15 Sparks 18:00 TOPS	15:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra	17:00 Wildrose Fiddlers Open Dance & Jam Session	5	6
7 12:00 Private Booking	8	9 09:30 Morning Yoga 17:15 Sparks 18:00 TOPS	10 12:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra	11 17:00 Wildrose Fiddlers Open Dance & Jam Session	12	13
14	8:30 NGCL Summer Program for 5-6 Year-Olds	16 09:30 Morning Yoga 17:15 Sparks 18:00 TOPS 19:00 NGCL Exec Mtg	8:30 NGCL Summer Program for 5-6 Year-Olds 12:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra	18 17:00 Wildrose Fiddlers Open Dance & Jam Session	8:30 NGCL Summer Program for 5-6 Yeas-Olds 20:00 North Glenora Pub Night Newsletter Deadline	20
21	22	23 09:30 Morning Yoga 17:15 Sparks 18:00 TOPS	24 15:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra	25 17:00 Wildrose Fiddlers Open Dance & Jam Session	26 15:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra	27 11:00 Private Rental
28	29	30 09:30 Morning Yoga 17:15 Sparks 18:00 TOPS	31 12:00 Toastmasters 18:45 Hatha Yoga 20:00 Relaxation Yoga Nidra			