



# North Glenora News

February 2014



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# In This Issue

President's Pen	Page 5	Roaring 20's	Page 12
Annual General Meeting	Page 5	Pub Night/Garbage Fair	Page 13
Security Update/Crime Map	Page 7	Around the Rink Photos	Page 15/16
Playschool	Page 8	Soccer Registrations	Page 17
Kids Movie/Indoor Playground	Page 9	Birdwatching	Page 19
Coronation News	Page 10	Local Business & Student Listings	Page 21
Membership News/Casino	Page 11		

# Community Contacts

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1 <sup>st</sup> Vice President	Marie-Josée Bruneau	780.761.7599	ngcl.1vp@gmail.com
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Planning and Transportation	Suzanne McAfee		suzanne.mcafee@gov.ab.ca
	Dave Caskenette		davecask@gmail.com
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2 <sup>nd</sup> Vice President	Myrna Khan	587.986.9049	ngcl.2vp@gmail.com
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NGCL Indoor Playground	Rebecca Gooding	780.951.0896	
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	Franziska Kaestner		
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<b>Playschool Executive</b>			
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Secretary	Christine Jugovics		cjugovics@gmail.com
Registrar	Sarah Pollard		Sarah_pollard13@yahoo.ca
Treasurer	Tara Sobey		tarasobey38@hotmail.com
<b>Special Coordinators</b>			
Casino	Dave Hill		ngcl.member@gmail.com
	Bill MacDonald		
Fall Garage Sale	Louise McKay	780.469.8405	226sunset@gmail.com
Garbage Fair	Margaret French		moutard@mac.com
Community Day	Elizabeth Turner	780.455.8660	eturner4@shaw.ca

# Emergency Contacts

Emergency Calls	911
Non-Emergency calls	780.423.4567
eps@police.edmonton.ab.ca	
Police Switchboard	780.421.3333 (Weekdays)
West Division Police Station	780.426.8000
16506 - 100 Ave	
Hours: 6 am to 10 pm daily	
North Glenora Community Liaison	
Cst Jennifer Eichmann	
Jennifer.Eichmann@edmontonpolice.ca	
Crime Stoppers	780.422.TIPS (8477)
Animal Control	780.496.8860

## Newsletter Submissions

Comments, complaints and compliments are always welcome via email at [northglenoranews@gmail.com](mailto:northglenoranews@gmail.com)

### Advert Inquiries:

Please contact Jason Ross at 780.914.4904 or by email at: [northglenoranews@gmail.com](mailto:northglenoranews@gmail.com) for information. Current rates can also be accessed on the [ngcl.org](http://ngcl.org) website.

### Delivery Contact

Delivery of our newsletter is handled by the lovely and talented Kirsten Paetsch. If you would like to apply for a route when one comes available or if you have any problems with delivery, please contact Kirsten at 780-452-9687 or email [k.paetsch@live.com](mailto:k.paetsch@live.com)

Newsletter Submissions are due no later than Friday, February 21, 2014.

## Silly Legal Stuff

The North Glenora News is published by the North Glenora Community League for the benefit of the Community.

Note that the articles and advertisements appearing in the North Glenora News do not necessarily reflect the views of the North Glenora Community League. Its officials or individuals cannot be held responsible in anyway for the effects of any information published herein.

While we make every effort to assure the accuracy of the information contained herein we cannot be held responsible for errors or omissions.

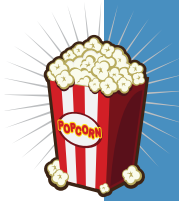
## Solar Power Website

Visit <https://enlighten.enphaseenergy.com/public/systems/VsDA184452> to see how our new solar panels are doing!

## Upcoming Events



**Grant MacEwan Community Swim**  
**Sundays: 2:00 - 5:00 pm**  
MacEwan Sports and Wellness  
10700 104 Ave  
Free for all North Glenora  
Community League Members  
(Bring your community league membership)



**Family Movie Night**  
**"Free Birds"**  
**Friday, February 14**  
**Doors: 6:30 pm**  
**Movie Starts: 6:45 pm**

Bring a sleeping bag to lie on,  
enjoy some free popcorn, and a  
great movie!



**North Glen Pub Night!**  
**Friday, February 21**  
**Doors: 8:00 pm**

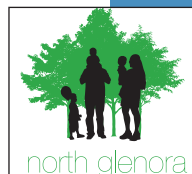
"Gung How Fat Choy"

Usher in the Chinese New Year with  
some Chinese beer. Also bring your  
sweetie and some sweets for a  
belated Valentine's treat!



**Roaring 20's Show**  
**Wednesday, February 26**  
**Doors: 7:30 pm**  
**Tickets: \$12 each**

Fringes, feathers, beads, and flat  
top skimmer hats were all the  
rage in the "Roaring 20's". Come  
enjoy famous songs, nostalgia, and  
Vaudeville style comedy!



**NGCL Annual General Meeting**  
**Tuesday, March 11**  
**Doors: 7:00 pm**

Annual reports will be presented  
and elections will be held. All  
positions are open for nomination  
and there are vacancies for the  
Treasurer, Membership, Family  
Programs, and Kitchen Coordinator  
positions.



Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death.

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. **February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

#### Know the signs of a heart attack

(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

#### Reduce your risk

Heart attack risk factors include:

- Obesity
- Sedentary lifestyle
- Smoking
- High cholesterol
- Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

#### What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

## North Glenora Community League Member Free Swimming



**Sundays 2 - 5 pm**

MacEwan Sport and Wellness, 10700 104 Ave  
Free for all North Glenora Community League Members  
(Bring your community league membership)

## Help Support Community Businesses



Photo Boutique by Ana Feher  
Photography, Craft and Art

Ana Feher

780-760-5501  
587-988-5002  
ralucafeher@gmail.com  
www.facebook.com/PhotoBoutiquebyAnaFeher



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Pat and Karen Lencucha  
[movingforseniors.com](http://movingforseniors.com)



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*Design Effex Inc.*

Gillian Korsch-Tkachuk  
t: 780.910.6129

e: [designeffex@live.ca](mailto:designeffex@live.ca)

13207 - 109 Avenue NW  
Edmonton, AB T5M 2G3

Krista Daly  
Epique Consultant  
Home: 780-204-9122  
Cell: 780-206-7881  
[janeth200@hotmail.com](mailto:janeth200@hotmail.com)





## *President's Pen*

With the start of the new year, I thought it would be good to reflect on 2013. This was our 60th anniversary! We've had quite a year in the community! With the street lights replaced and the streets and sidewalks in the northwest corner of our community reconstructed, we look forward to the rest of our community being renewed this coming year. Along with this, our newly restored rink has been a popular hangout for new and experienced skaters. In 2013 we had more soccer players than in recent memory. We as a community enjoyed BBQs, potlucks, movie nights. The Community League itself continues to be a leader in the City, with our garage sales, garbage fairs, and solar power. We are also partnering with those seeking to redevelop areas in our community to make the best possible outcome for all involved.

All these activities and more are undergirded by a wealth of volunteers in our community. These people lead by example, investing in the community for the good of all. From those who tend community gardens to those who keep our grounds and buildings in good shape, from those involved with seniors to those who teach our kids and those involved in the executive, we salute you all. Our community is a better place because of you. Thank you for making North Glenora a great place to live!

*Bruce Jakeway - North Glenora Community League President*



## *North Glenora Annual General Meeting*

**Tuesday, March 11, 2014 at 7:00 p.m.**

Come hear the Executive's Annual Reports, and enjoy some refreshments!

There are no bylaw changes this year.

### **Call for Nominations**

The North Glenora Community League executive is looking for nominations for all positions. If you are interested in sitting on the North Glenora Community Executive, please submit your name and the position you seek to:

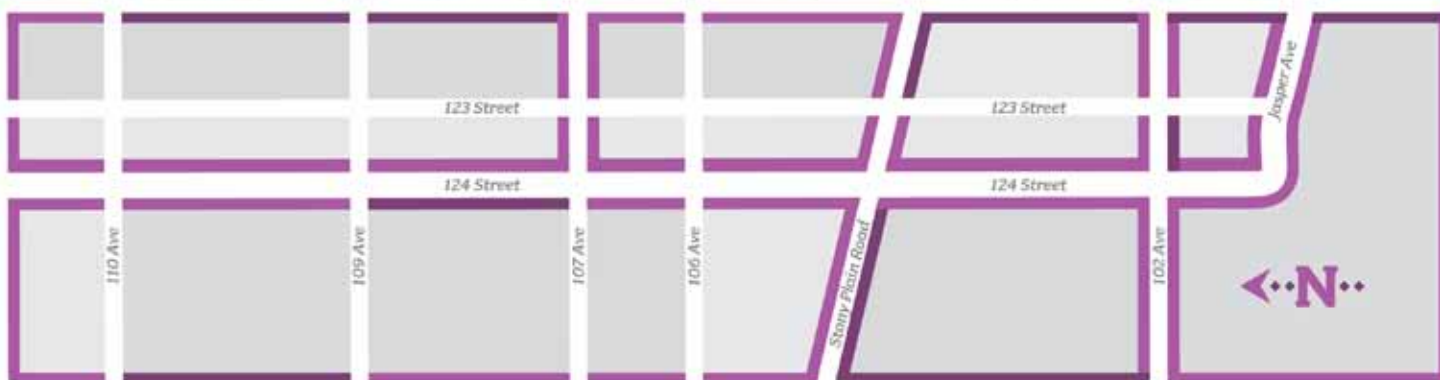
Marie-Josée Bruneau - 1st Vice President at [ngcl.1vp@gmail.com](mailto:ngcl.1vp@gmail.com) or  
Myrna Khan - 2nd Vice President at [ngcl.2vp@gmail.com](mailto:ngcl.2vp@gmail.com)

We have vacancies for the following positions for 2014/2015:

- Treasurer
- Membership
- Family Programs
- Kitchen Coordinator

Election of new Executive for 2014-15 Term (March to March) takes place at the Annual General Meeting

*Please note you need to be a member of the community league in good standing to sit on the Executive Committee.*



### Savour every moment on 124 Street

124 Street is quickly becoming a gastronomical hub in Edmonton, attracting some of the cities hottest new restaurants! You will find a tasteful selection of new and well-established restaurants offering casual comfort food to fine dining cuisine. Our wide selection of restaurants include: dining, lounges, pubs, bistros, cafés, bakeries, quick service, and specialty shops. Treat your palate to an array of eateries and explore the taste of 124!



#### 124 Street Business Association

#202, 10715 124 Street  
Edmonton, Alberta  
T5M 0H2  
Phone: 1.780.413.6503  
Email: info@124street.ca  
Hours: Monday - Friday, 9 am - 2 pm

#### HONOURABLE HEATHER KLIMCHUK MLA, EDMONTON-GLENORA MINISTER OF CULTURE



Constituency Office:  
10649-124 Street  
Edmonton, AB T5N 1S5  
Phone: 780-455-7979  
edmonton.glenora@assembly.ab.ca

<http://wildrosefiddlers.org>



Contact:  
Inez Kremer  
662-3608

North Glenora  
Community Hall  
13535 - 109A Avenue  
Thursday evenings  
7:00 pm to 10:00 pm  
• Old Tyme Music, Open Jam  
• Dancing



#### North Glenora Chapter

Meets at the NGCL Hall **Tuesdays** with a weigh-in at **6:30 pm** followed by a short business meeting. This support group is open to men and women. For more information, call Joy @ **780.444.3510**.



## Security News

According to EPS, December was a quiet month for property crime in north Glenora however one community resident was unfortunate enough to have a break-in on Christmas Day. The resident's garage was broken into and two bikes were stolen. While this is a horrible thing to happen at any time let alone on Christmas Day, with the help of EPS, this story does have a happy ending.

Police responded to the home in question, collected details about the stolen property and advised the resident to check Kijiji.ca, a classifieds website to see if the bikes showed up there.

Sure enough, within a day, the resident spotted a listing offering his stolen bikes for sale. He created a false email address and contacted the sellers expressing interest in buying the bikes. When he received their contact information he forwarded it to EPS and they were able to make an arrest and recover the stolen property.

The resident wants to express his thanks to EPS and also to remind community members to contact Edmonton Police with any concerns related to safety or stolen property as they are here to work with us and help make our neighborhood safer.

## Crime Map



Type of Crime	December	January
Break and Enter (Garage)	3	0
Break and Enter (Apt/House)	1	1
Theft from Vehicle	3	0

Please remember if you see anything suspicious to call 911 as soon as possible. Together we can all prevent crime in our neighbourhood!

For more information on crimes in our neighbourhood visit [crimemapping.edmontonpolice.ca](http://crimemapping.edmontonpolice.ca)

## Historical Cookbook Submissions

We want recipes from you, your parents, grandparents and great grandparents that reflect your community either now or in the past. Tim Marriott, local historical presenter and Clare Mullen, writer and filmmaker are writing a cookbook based on Edmonton communities. Community leagues have always been a place where people and cultures come together and celebrate with food. We presume that as Edmonton became more diverse a greater diversity of menu items has shown up in these celebrations.

We are specifically looking for recipes that you feel represent your family or your neighborhood. If you do not have any recipes, we are hoping you will share memories or photographs of times when your family or neighbors gathered together.

Please submit your recipes, stories or photographs to: [historicalcookbook@gmail.com](mailto:historicalcookbook@gmail.com)

**PLEASE NOTE: This cookbook is not affiliated with the North Glenora Community League.**



# North Glenora Playschool

## Registration

Learn through play!

**March 12, 2014**

**6:30 - 8:30 PM**

13535-109A Avenue

780-452-6610

Ask how you may obtain an  
Alberta government subsidy  
for this program.



3 years old by March 1, 2015 - register for the 3 year old program.

4 years old by March 1, 2015 - register for  
the 4 year old program.



## Thank You!



North Glenora Playschool would like to thank the following businesses for their generous donations to our recent November COLOUR ME HAPPY silent auction fundraiser. Your contributions were greatly appreciated and helped to make the evening a huge success!

Abundant Health & Wellness

Infinite Pawsibilities

Quon's Cafe

Bosom Babies

Robin Hood Association

Carrie Day

Laurie Hawn

Taffy Town

Cosy Baby Happy Mommy

Massey's Sewing Machines

Design Effex Inc

Murrieta's Bar & Grill

Tony Roma's

Glenora Chiropractic Clinic

On the Rocks

Zumba by Brittany

Illuminada Dental Centre

Photo Boutique by Ana Feher

Bombshell Bronzed

Janice Kosak Real Estate

Capital City Gymnastics

KFC Terwilliger Gardens

Servus Credit Union-Ken Kabat

Computronix

Marlin Travel Southgate

The Bay- St Albert

Mobility Central

Therapeutic Body Concepts

Firefly Theatre and Circus

On the Go Fitness

YMCA of Edmonton

RN Heacock Alberta Land Surveyors

Park Candles

Belgravia Hub

J'adore Dance

Cafe O Play

Keylime Athletic Wear

Sara Toma- artist

Commercial Solutions

Mac's Westmount Village

Telus World of Science

Daffodil Gallery

The Spoke

FC Edmonton

Notables

World Health

Heather Klimchuk, MLA

Atco Blue Flame Kitchen

Integration Pilates Studio

Ricci Hair Co.

Jay Procter

Safeway Westmount

City of Edmonton

Liquor 149 - Jenn Hunting

TCA Developments

Curves - Debbie Crowson

Meadow Sweet Honey The Druid

Edmonton Symphony Orchestra

North American Diesel Perf.

Wayne Arthurson, author

Groat Road Auto Service

Panago Pizza Coronation



# Family Activities



## Kids Movie Night

Come watch "Free Birds" on Friday, February 14 at the hall!  
Doors at 6:30, Movie at 6:45.

Bring a sleeping bag to lie on and enjoy some free popcorn and beverages.

Watch for the following upcoming movies:

"How to Train Your Dragon" - March 14, 2014 & "Walking With Dinosaurs" - April 11, 2014

## Indoor Playground

Starting in October, every Monday and Wednesday morning from 9:15-11:00 the hall will host an Indoor Playground. This volunteer run program is for all little ones aged 0-5.

Fees are \$20 for all year drop in pass, \$10 for single mom's or \$1 per family per visit. This is a great program for new moms to meet other mom's in the community or bring little ones to meet new friends and play. Inflatable bouncy castle, educational toys, ride on toys, fine and gross motor activities and more.

Contact Rebecca Sklofsky at [pilatesbyrebecca@yahoo.ca](mailto:pilatesbyrebecca@yahoo.ca) for more information or to register.



## Coronation School An IB World School

Coronation School in North Glenora is a certified International Baccalaureate School with a Primary Years Program featuring:

- Emphasis on student leadership, global citizenship and academics
- French Instruction starting in Kindergarten
- Own-the-Microphone public speaking program
- On-site before and after school care
- No limited enrolment process
- No extra fees to register
- Busing available



**Open House • March 5 at 6:30 pm**

For More Information or To Register Contact 780-455-2005  
[www.coronation.epsb.ca](http://www.coronation.epsb.ca) • 10925 -139 Street



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## 59<sup>TH</sup> BROWNIES

### AT NORTH GLENORA COMMUNITY LEAGUE

Join us Monday nights this fall for a year  
of friendships, learning and FUN!

**Monday Nights- 6:30 to 7:45**

All girls ages 7 and 8 (Grades 2/3)



Register online at [www.girlguides.ca](http://www.girlguides.ca)

For more information contact:  
Becky/Linda Twigg at 780-454-3382 or  
[btwigg1@gmail.com](mailto:btwigg1@gmail.com)  
Cara/Crystal Stevenson at 780-455-9336

# Coronation School News

The students at Coronation School continue to be engaged in so many interesting and challenging learning opportunities through the International Baccalaureate Primary Years Programme. This program is a challenging inquiry-based curriculum with a national and international perspective in a safe, caring environment. We develop individual talents, critical thinkers, reflective learners which empowers our students to strive to be compassionate, positive influences in the world.

Students have had many complimentary physical activities in the past few months like Indoor Running Club (coached by parent volunteers), skating at lunch on the North Glenora Community Rink, Hip Hop dancing (Artist in Residence sponsored by School Council), boot camp and rock climbing in our school gym! These active, healthy living activities go hand in hand to promote growth in academic achievement! Enjoy the photos!

We are looking forward to upcoming student enrichment activities with Trickster Theatre and our Third Annual School Arctic Winter Games. In addition to the authentic Inuit and Dene activities and cultural experiences, Our students will have the opportunity to engage in a paralympic sport - sledge hockey, thanks to the creative organizing efforts of one of our parents.

We are proud of the global mindedness and leadership in our school and community !



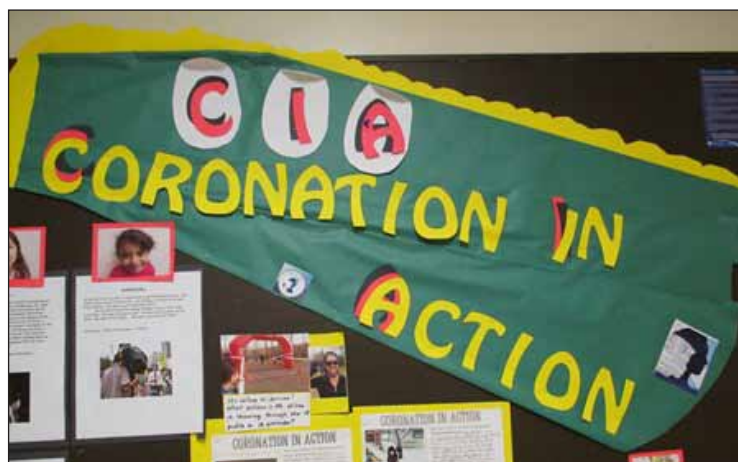
## OPEN HOUSE

We will be hosting our Open House on Wednesday, March from 6 – 7 p.m. for new students in kindergarten through grade 6. This will be an opportunity for perspective new students and parents to develop an understanding of the International Baccalaureate Primary Years Programme, and the many enriching learning opportunities Coronation School offers. They will have the opportunity to visit the classrooms, talk to students and parents, and meet the staff.



Grade 6 students playing tone chimes and singing Silent Night for the Coronation School Christmas concert.

*Congratulations to Parent Volunteers (Michelle Y and Haruko H) were honored at the Edmonton Public School District Recognition Awards for their tremendous contributions to Coronation school student enhancements with the Arctic Winter Games and Healthy Hot Lunch/Appetizer Program. We welcome community volunteers to assist in the school and we hope you have some spare time! Please call the school at 455-2008!*



Coronation In Action (CIA) - Please come in the school at anytime to read about how students, families and staff are making a difference outside the school by their "positive actions". The school IB learner profiles of caring, balanced, reflective, inquirer, thinker, open-minded, risk-taker, communicator, knowledgeable, principled are being demonstrated in so many ways! The photos and drawings are incredible!



## 2013/14 Memberships

### Membership fees for 2013/14 are:

Family (any ages, child to senior, in one residence)	\$35.00
(single parent, with children)	\$25.00
Adult (1 or more, 18 or older)	\$25.00
Senior (1 or more, all 65 or older)	\$15.00

If you do not yet have your membership, please arrange to get one from our Membership Chairperson Bill MacDonald. Call Bill at 780-451-1442; or email [krawmac@telus.net](mailto:krawmac@telus.net). Renewing or getting a new membership is important, as the more members we have, the better we are able to provide activities and represent our residents on issues affecting North Glenora.

Have you recently moved into North Glenora? We would like to offer you a complimentary membership for 2013/14. Call Elizabeth Turner at 780-455-8660.

### DO YOU WANT TO HELP WITH OUR MEMBERSHIP CAMPAIGN?

Are you looking for a volunteer activity? I'm looking for two or three individuals to help with the membership drive in August and September 2014, and to help with the few membership activities throughout the year. If you can help to put together membership kits for 30 canvassers, call or email the canvassers, count money (that's fun), or even organize 350 membership cards alphabetically for the membership list, then let me know. As a team we can spread the tasks amongst us. There won't be much to do until next summer, but we can get ourselves organized before then. Get in touch with me at [krawmac@telus.net](mailto:krawmac@telus.net) or call 780-451-1442. This message is brought to you by me, Bill MacDonald, Membership Chairperson. I wasn't overwhelmed with volunteers the last time I ran this call for help!



## Casino Volunteers Needed

Our Community League's next casino is scheduled for Wednesday, June 4 and Thursday, June 5, 2014 at the Palace Casino in West Edmonton Mall. This is our major fundraiser, held every two years, and raises about \$70,000. We need 35 volunteers for a 5 – 8 hour shift in positions such as general manager, banker, cashier, chip runner, or in the count room. Shifts are from 11 am to 7 pm; 6:30 pm to 2 am; or 9:30 pm to 2:30 am in the count room.

If you haven't volunteered for a casino before, this will be a good opportunity to do so, and in a few hours of your time help us raise a good portion of the funds we need to operate the league.

Dave Hill and Bill MacDonald are organizing the casino. If you will be able to volunteer, please contact Bill at [krawmac@telus.net](mailto:krawmac@telus.net), or phone 780-451-1442. Do it while this request is fresh in your mind! The sooner Dave and Bill know they have enough volunteers, the happier they will be. They were overjoyed with the one call they received the last time, so make them even happier this time! Thanks to the group of ladies who volunteered at Pub Night to work together in the count room.



# Richard & Deborah Popovich's "ROARING 20's SHOW"



Famous Songs!  
Nostalgia!  
Vaudeville  
Style Comedy!

Fringes, feathers, beads and flat top skimmer hats were all the rage in the fabulous Charleston era, otherwise known as the "Roaring 20's". Richard & Deborah present vaudeville style comedy and famous songs like Margie, Five Foot Two, Sweet Georgia Brown, The White Cliffs of Dover, Danny Boy and many more!

**DATE: Wednesday, February 26, 2014**

**TIME: 7:30 pm**

**Ticket Price: \$12 each**

**PLACE: North Glenora Community Hall 13535 – 109A Avenue**

**TICKETS available from**

**Bev 780-455-7072**

**Marge L 780-455-1247**



# Adult Activities News



## *North Glen Pub Night*

North Glen Pub Night wishes you a "Gung How Fat Choy" or Happy New Year.

To usher in the Chinese Year of the Horse we will have some Chinese beer on hand, and suggest you bring some oriental snacks to share with the crowd. It is also the Valentines month so bring your sweetie and bring some sweet treats.

We will have our usual fare of beer, wine, coolers and of course alcohol-free choices. Any suggestions to a beer you would like us to try and find? Pass it on to the Bar Babes at [ngcl.adult@gmail.com](mailto:ngcl.adult@gmail.com). We have to stock up after the successful January party and are always looking for something new to try.

## *FORE! - January Pub Night Photos*



The Bar Babes thank Alex Mather and Daniel van Heyst for designing and building a golf course that would rival Jack Nicklaus!



## *North Glenora Garbage Fair*

This year's North Glenora Garbage Fair will be on May 10 from 10-3pm.

Items are collected for various outlets - items such as old calendars, various sewing and office supplies, books/magazines, craft items, puzzles (complete or incomplete) etc.

The list includes any items for crafts ( corks, pipe cleaners, partially used craft kits, wool) or items that may be reused.( egg cartons, clean 1L yogurt containers, ice cream pails, etc)

The aim of the Fair is to recycle / reuse items and keep them out of the landfill. The list of items we will collect will be posted in the newsletter closer to the Fair's date.

If you are part of any group that can use items such as the above or you have a specific wish list, please contact Margaret French at 780-451-0808 or at [moutard@shaw.ca](mailto:moutard@shaw.ca) .



# OPEN HOUSE

**Sunday, February 23, 2014**

12:00pm to 3:00pm

Crestwood Curling Club

14317-96 Avenue, Edmonton, AB

## Activities

- Learn to Curl
- Wine & Cheese Reception
- View our Meeting/ Banquet Facilities

For more info: (780) 452-4174  
or [crestwoodcurling@shaw.ca](mailto:crestwoodcurling@shaw.ca)

# Fun League



**March 2, 9, 16 & 30, 2014**

**12:00pm-2:00pm**

**\$60 Registration**

**New to Curling?**

**Want to be part of the fun?**

**Join our fun League.**

**Open to all ages and curling abilities.**

**Instruction included.**

**For more information please  
contact us @ ( 780) 452 4174 or  
email [crestwoodcurling@shaw.ca](mailto:crestwoodcurling@shaw.ca)**

## ST. JAMES PLAYREADERS



St. James Playreaders meet at 7:00 p.m. on the third  
Friday of each month at  
Westmount Presbyterian Church

New participants welcome - Non denominational

**For information call 780-455-1247**



Thank you to de Boers  
for the donations to  
the January  
North Glen Pub Night  
mini-golf course

5311 - 99 Street  
Edmonton AB  
Canada T6E 5B7  
[www.deboersgolf.com](http://www.deboersgolf.com)

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Fax. (780) 434-8841  
Toll Free. 1-866-430-8864  
Email. [deboersgolf@telus.net](mailto:deboersgolf@telus.net)

## Mount Zion Lutheran Church

11533 - 135 Street, Edmonton, AB T5M 1K9

Phone: 780-455-3638

Sunday Worship: 10:00 a.m.

Sunday School: 10:30 a.m.

Coffee & Fellowship afterwards. **Everyone Welcome!**

### Upcoming Events:

We are offering:

Thursdays:

- "Drop In" Coffee at 10:00 a.m.
- Bible Study at 10:30 a.m.
- "Drop In" at 12:00 noon for Soup and  
Dessert; Donations to cover cost of food.

Once a month a Movie Night will be held for youth,  
and a separate movie night for adults.

Popcorn and refreshments are provided by Mount Zion.

Other Bible studies to be offered each month. Contact  
Mount Zion Lutheran Church directly for the schedule.

**Everyone Welcome!**

# Around the Rink



Special thanks to all the volunteers and rink attendants who made skating possible this year! Your efforts are very much appreciated by everyone in North Glenora!



# Around the Rink



FRONT YARDS  
IN: **Bloom** .ca  
Winterscapes

Celebrate winter in the city, and keep our neighbourhoods looking beautiful!

Why not create a winterscape in the yard in front of your house, community hall, building, or school?

Nominate or take photos of your neighbours winterscape and win prizes!

Go to [www.Edmonton.ca/winterscapes](http://www.Edmonton.ca/winterscapes) for more information



# Calling All Soccer Players!

## 2014 Outdoor Soccer Registration U4 (born 2010) – U18

### **Local Registration Night**

**Date:** Sunday, February 23, 2014

**Time:** 4:00 - 6:00 pm

**Location:** North Glenora community hall (13535 – 109a Ave)

### **Central Registration Night** (if you cannot register on Feb 23<sup>rd</sup>)

**Date:** March 4, 2014

**Time:** 6:00 - 9:00pm

**Location:** Mayfield Inn (now known as the Double Tree by Hilton)

### **What to bring:**

1. Community league membership (or you can buy one at the door)
2. Alberta health care number
3. Two cheques (registration fees, uniform deposit for U8 and older)

The outdoor soccer season runs from the end of April until mid-June. Any child born in 2010 or earlier can play. Registration fees and schedules will be available after Feb 14<sup>th</sup>.

### **Community soccer is volunteer-run**

Please consider getting involved. Coaches, assistant coaches and event volunteers are always needed. For more details, contact [ngcl.sports@gmail.com](mailto:ngcl.sports@gmail.com).



***Build skills, stay active and have fun in community soccer***

**Come experience some of our  
Aquatic Programming including:**

Aqua Zumba®  
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Kids of Steel®  
Masters Swim  
Female Only Swim  
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Free Glenora Community Swims  
**Sundays 2-5 p.m.**  
with Community League Card

[MacEwan.ca/SportandWellness](http://MacEwan.ca/SportandWellness)



**Laurie Hawn**

MP for EDMONTON CENTRE

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**Open House  
Feb. 21**



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# Birdwatching Corner

By Dave Cleary of Wild Birds Unlimited

on the corner of 122 St and 107 Ave in Edmonton

## Q: How can I keep Magpies away from my bird feeder?

This is a question we get asked a lot. Black-billed Magpies are part of the Corvid family related to Crows, Ravens, and Blue Jays – all very intelligent birds, which makes them tricky to deter. They can be noisy and aggressive and can dominate a feeder when they are in the yard. We recommend passive solutions which do not harm the birds but restrict or guide their behaviour. Magpies, Blue Jays, squirrels, and other birds such as Chickadees all love peanuts. If you put peanuts in the shell out in a separate feeder, this can draw Magpies away from your other feeders. Physical barriers such as placing a cage around the feeder that allows small birds to enter the feeder but not the larger ones can help. We have a “Dinner Bell” feeder with a rain/snow guard that can be lowered to cover the feeder tray and restrict access of larger birds. One of our customers has had success using a wireless doorbell, with the doorbell in the feeder being operated by remote control from the kitchen when a Magpie lands in the feeder, scaring it off. Fortunately Magpies are not in the yard all the time, which allows other birds plenty of time to access your feeder. Their population has increased over the years so these fascinating birds will continue to be a challenge.

## Q: Where are the Redpolls this year?

Last winter we saw large numbers of Common Redpolls in Edmonton and area. But this winter there have been very few. The Edmonton Christmas Bird Count found just 144 Redpolls, compared to over 2000 last year. In St. Albert, none were seen at all. We suspected that might happen. Each year Ron Pittaway from Ontario produces a “Finch Forecast” that is pretty good at predicting the winter movement of finches, which includes Common Redpolls and Pine Siskins, common feeder birds. He bases the forecast on the crop of pine cones in the northern boreal forest. If it's a good crop, which it was this year from Alaska to Atlantic Canada, we are less likely to see these species. Why fly south when these birds can stay in their northern summer range and have lots of food? To give you an idea of how good the pine cone crop was, one of our Edmonton customers picked up over 5000 pine cones off the ground under her 3 large spruce trees in her yard.

## Q: Why am I hearing Chickadees singing?

I can hear one singing through the window as I write. As you listen, you'll notice there are often two or more calling, almost singing counterpoint to one another. Males begin singing in mid-January with increasing frequency as the winter progresses with females joining in occasionally. If you think the song sounds like “Hi, sweetie” you're right. It's the males calling to attract potential mates.

## My Favorite Bird

by Kenna McKinnon

North Glenora birdwatchers  
look for songbirds in the spring  
Winging it in Edmonton,  
the American Robin and the  
Northern Oriole or Yellow Warbler  
in May...

the ululating Rock Dove stayed, and the Merlin,  
pigeon sized and not as sociable  
but faster.  
Deadly, like the falcon it resembles,  
may stake out your feeder,  
Caution!

Spring's the time for mating;  
the Great Horned Owl looks on  
from his cave, implacable,  
Proud they breed earlier,  
in March or February,  
and float on soundless wings  
Over Juliet and Romeo  
in city houses,  
unseen but heard—Hoo, hoo-hoo,  
and deadly.  
Still, my favorite, the Sparrow,

Plain and common, something like  
the folks I like,  
not my friend the Ring-necked Pheasant  
showier and louder than I am,  
but yes, the Chipping Sparrow,  
not even her imported cousin,  
the aggressive little peeps who all but ousted  
Bluebirds from their posts;  
the plain ones, the everyday...  
A sparrow.

My favorite bird.

God sees the little sparrow fall.  
*Fear not, therefore, you are of more value than many sparrows.*



Picture: [http://upload.wikimedia.org/wikipedia/commons/9/98/Tree\\_Sparrow\\_August\\_2007\\_Osaka\\_Japan.jpg](http://upload.wikimedia.org/wikipedia/commons/9/98/Tree_Sparrow_August_2007_Osaka_Japan.jpg)



## Westmount Presbyterian Church

13820 – 109A Avenue  
COME JOIN US!

Sunday Worship 11am  
(with children's program)

Youth Group Sunday 7 – 9pm

Connecting people to God  
and to one another.



## Unity Church of Edmonton

A Spiritual Community  
Positive Path for Spiritual Living

Sunday Celebrations 9:30am at 13820—109A Ave.  
with Children's Church

Tel: 780-477-5351      [www.unityofedmonton.ca](http://www.unityofedmonton.ca)

Vision:  
Centered in God we co-create  
a world that works for all!

Mission:  
We provide the nurturing environment;  
Divinity within provides the infinite  
possibilities.

### St. Peter's Anglican Church

11035 – 127<sup>th</sup> Street, Edmonton  
780-455-3665

[stpeters@interbaun.com](mailto:stpeters@interbaun.com)  
[www.stpetersanglican.edmonton.ca](http://www.stpetersanglican.edmonton.ca)

*"Nourished with God's love, empowered by the Holy Spirit  
to proclaim the Good News of Jesus in worship and action."*

*"If you're looking for a church, on behalf of the people of St. Peter's, I'd like to invite  
you to visit us. We would be glad to welcome you and say 'Hello' in person. For more  
information, please give me a call."*

Sincerely,  
The Rev. Stephen Halford

Our Sunday Services are at 8:30 a.m. and 10:30 a.m.  
Sunday School at the 10:30 a.m. Service  
We also have a service of Holy Communion on Wednesdays at 10:30 a.m.

# Groat Road Auto Service



11311 - 143 Street Edmonton AB T5M 3P8

Tel: (780) 454 1144

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## Help Support Community Businesses

### Jay-Kur Contracting Ltd

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Foundations / Fences / Decks / Patios

Please call for a free quote or if you have any questions.

#### Jay Adams

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Office (780)451-1005  
Email: [Adams11@shaw.ca](mailto:Adams11@shaw.ca)

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Independent Stylist  
Stylist ID: 138392

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[amanda.m.scheel@gmail.com](mailto:amanda.m.scheel@gmail.com)  
Web: [www.stelladot.com/amandascheel](http://www.stelladot.com/amandascheel)

13339-110ave  
Edmonton, AB  
T5M 2M1

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[gaelicconstructionltd@gmail.com](mailto:gaelicconstructionltd@gmail.com)

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Janet Olstad  
CERTIFIED ESTHETICIAN

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*-All services done in a private room  
within my home-*

10851 - 141 STREET, EDMONTON  
PH: 780.221.9223





# North Glenora Student Registry

Students available for babysitting, yard care and snow removal.

Name	Service	Phone	Availability	Other Information
Haley Laviolette	Babysitting	780.482.1415	Evenings and weekends	Babysitting Course completed
Katie Oltsher Shook	House/Pet Sitting	780.430.0591	Daytime or longer periods	Experienced; references available
Liz Kusick	Babysitting	780.451.1814	Evenings and weekends	Babysitting course completed
Alyssa Laurie	Babysitting	780.451.2707	Weekends and some evenings	Babysitting course completed
Tanner Piers	Snow Shovelling	780.447.5564		
Kate Hughes	Babysitting/Plant care	780.488.0586	Weekends and evenings	Babysitting course completed
Lucas Cabaj-Guerra	Yardcare/Babysitting	780.716.4457		Lawn care, snow shovelling
Emily Carson	Babysitting	780.452.7927	Weekends and evenings	Babysitting course completed
Sawyer Desaulniers	Odd Jobs	780.218.7380		Snow Shoveling, Odd Jobs
Gaby	Yard Clean-up	780.702.6802		\$20-\$30 per yard
Eric Hughes	Snow Removal	780.488.0586	After school/weekends	Shovel and Snowblower

Students, do you live in North Glenora and want to be listed in our registry? Email [northglenoranews@gmail.com](mailto:northglenoranews@gmail.com) with your name, availability, and service you offer and we'll be happy to add you to our list.

## North Glenora Business Listings

Live local and help support North Glenora residents and local businesses by using the list below when you need services.

Business	Contact	Phone	Service
Groat Road Auto Service	Don Sande	780.454.1144	Automobile Service and Repair
Ron's On Site Mechanical Repair	Ron Garner	780.455.5002	Small Engine Repair
Jay-Kur Contracting	Jay Adams	780.451.1005	Residential/Commercial Renovations
Stella & Dot Independent Stylist	Amanda Scheel	780.498.6027	Stylist
Smooth Transitions Edmonton Ltd.	Pat/Karen Lencucha	780.540.4310	Movers specializing in Seniors
Design Effex Inc	Gillian Korsch-Tkachuk	780.910.6129	Interior Decorating & Design
Gaelic Construction Ltd.	Alex McCormack	780.932.7842	Carpentry and Renovations
Avon	Darlene	780.504.1652	Make-up, skincare & fragrances
Epicure	Darlene	780.504.1652	Dips, spices & cookware
Compost Doctor	Sandy MacLean	780.451.0125	Free compost analysis
Finish Carpenter	Andrei Feher	780.760.5501	Finish Carpentry
Professional Abstract Art	Tatjana Elgersma	780.983.4848	Custom Abstract Art
Photo Boutique by Ana Feher	Ana Feher	780.760.5501	Photography, Craft and Art
Rainbow Eavestroughing (1982) Ltd.	Adrian Aarnoutse	780.447.1696	Soffit, Fascia, and Eavestroughing
Pro Backhoe	Bob Hartman	780.499.0173	Excavation and Sewer Pipe Replacement
Dagu Integral Coaching Services	Cheryl Whitelaw	780.903.5519	Career and Life Coaching
Janet's Waxing Studio	Janet Olstad	780.221.9223	Certified Esthetician
Leading Edge Kiteboarding	Piotr (Peter) Drajling	780.885.WIND	<a href="http://www.lekiteboarding.com">www.lekiteboarding.com</a>
Bloom Art Photography	Kasia Koper Drajling	780.906.0226	<a href="http://www.bloomartphotography.com">www.bloomartphotography.com</a>

Are you a North Glenora Community League Member and have a business you would like to include in our new business listings? Email [northglenoranews@gmail.com](mailto:northglenoranews@gmail.com) with the information listed above and we'll be happy to add you to our list. Include a PDF, vector, or high resolution jpeg image of your business card and we'll run it whenever we have space. Best of all it's free!

### Gifts for a Winter's Evening

by Kenna Mary McKinnon

This place—silver, cold,  
frightened all the elves away,  
they like to play.  
My sister's tall and thin  
like winter wind  
There was a place for her but not within  
The suburbs but the furs  
Here in Glenora.

Wait for a new year,  
We can tell her  
By the faery lights across her falling  
on her icy face like stars and then  
they warm her neglected soul like  
concrete pierced by years of wear.  
He is strong and won her and  
the safe white house.  
So happy.

She likes to play  
but I will give my sister  
ginger tea and cookies;  
Lewis Carroll and a poem  
As though I, too, were wealthy,  
somehow a partner in a faery firm  
of miscreants.

JANUARY 2014  
S M T W T F S  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

MARCH 2014  
S M T W T F S  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

# FEBRUARY 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 All Day - Running with Scissors
2 9:00 Running with Scissors 14:00 Community Swimming at MacEwan	3 9:00 North Glenora Playschool 9:15 Indoor Playground 18:30 Brownies 20:15 Yoga	4 17:00 Girl Guides 18:30 TOPS 19:00 45+ Club Mtg Garbage Day	5 9:00 North Glenora Playschool 9:15 Indoor Playground 18:15 Yoga	6 19:00 Wildrose Fiddlers	7 9:00 North Glenora Playschool 13:00 Private Function	8 All Day - Private Function
9 10:00 Private Function 14:00 Community Swimming at MacEwan	10 9:00 North Glenora Playschool 9:15 Indoor Playground 18:30 Brownies 20:15 Yoga	11 17:00 Girl Guides 18:30 TOPS 19:30 Exec Budget Meeting Garbage Day	12 9:00 North Glenora Playschool 9:15 Indoor Playground 18:15 Yoga	13 19:00 Wildrose Fiddlers	14 9:00 North Glenora Playschool 18:30 Kids Movie Night	15 17:30 Private Function
16 14:00 Community Swimming at MacEwan	17 9:00 North Glenora Playschool 9:15 Indoor Playground 18:30 Brownies 20:15 Yoga <b>Family Day</b>	18 17:00 Girl Guides 18:30 TOPS 19:00 NGCL Exec Meeting Garbage Day	19 9:00 North Glenora Playschool 9:15 Indoor Playground 18:15 Yoga	20 19:00 Wildrose Fiddlers	21 9:00 North Glenora Playschool 20:00 Pub Night	22 23:00 - Private Function
23 All Day - Private Function 14:00 Community Swimming at MacEwan	24 9:00 North Glenora Playschool 9:15 Indoor Playground 18:30 Brownies	25 17:00 Girl Guides 18:30 TOPS Garbage Day	26 9:00 North Glenora Playschool 9:15 Indoor Playground	27 19:00 Wildrose Fiddlers	28 9:00 North Glenora Playschool	